

The Cathedral of St. Agnes

ROCKVILLE CENTRE, NEW YORK

3.22.26



Fifth Sunday of Lent

Confirmation at St. Agnes on March 14, 2026

HOLY MASS

SUNDAY

7AM, 8AM, 9:30AM (*Family Mass*),
10:30AM (*Lower Hall, Family Mass*)
11AM, 12:30PM, 5PM

SATURDAY

8AM, 5PM, 7:30PM (*Lower Hall*)
7:30PM (*Spanish*)

WEEKDAYS (Monday-Friday)

6:30AM, 8AM, 12:10PM

HOLY DAYS

Eve of Holy Day: 5PM, 7:30PM (*Spanish*)
Holy Day: 6:30AM, 7:45AM, 9:00AM, 12:10PM, 7:30PM

OUR PARISH

29 Quealy Place, Rockville Centre, NY 11570

CLERGY

Bishop

Most Reverend John O. Barres, D.D., S.T.D., J.C.L.

Rector

Very Rev. Michael F. Duffy

Associate Pastors

Rev. Christopher Heller
Rev. Michael Ngoka, C.M.

In Residence

Rev. Lachlan Cameron, S.T.L.

Weekend Assistants

Rev. Emmanuel Nwogu, *Comunidad Hispana*
Rev. Patrick Flanagan, C.M.
Very Rev. James Kuroly

STAFF

Religious Education

Anne Nelson, *Administrator*
anelson@stagnescathedral.org (516) 678-2306

Outreach

Elizabeth Ramirez
(516) 678-1856

Music

Michael Bower, *Director*
Maura Goodwin, *Associate Director*
(516) 764-9578

Facilities Manager

Patrick O'Brien

FOCUS Parish Missionary

Tara Lauderdale

SCHOOL

70 Clinton Avenue, Rockville Centre, NY 11570
Phone: (516) 678-5550 | Fax: 516-678-0437

Cecilia St. John, *Principal*
Mary Brower, *Assistant Principal*

OFFICE HOURS

Rectory

Monday - Thursday: 8:30am - 8:00pm
Friday: 8:30am to 4:00pm
Saturday: 10:00am to 2:00pm
Sunday: Closed
Emergencies anytime

*Religious Education**

Tuesday - Thursday: 10 a.m. - 4 p.m.

*Outreach**

Monday - Friday 9:00 a.m. - 3:30 p.m.

*Offices located in the Parish Ministry Building
(corner of N. Village Ave and Quealy Pl)

CATHEDRAL HOURS

The Cathedral is open for prayer
daily from 6:00 a.m. to 8:00 p.m.

SACRAMENTS

Confession

Saturday & Sunday: 4:00 pm to 4:45 pm
Monday – Friday: Following the 6:30 am Mass
Friday: Following the 12:10 pm Mass

Baptism

Once a month on Saturday at 12:30 p.m. and on the 2nd and 4th Sunday of the month at 1:45 p.m. Contact the Rectory Office to arrange for interview, ceremony and registration for required Baptism Preparation Class (for first time parents). Spanish Baptisms take place before the 7:30 p.m. Spanish Mass on Saturday evening. Please call the Rectory Office for more information.

Marriage

Arrangements should be made at least 12 months in advance and prior to making reception plans. Call the Rectory for an appointment with the priest you wish to witness your wedding. All couples are required to attend Pre-Cana.

Pastoral Care of the Sick

Priests and Extraordinary Ministers of Communion are available to bring Holy Communion to parishioners confined to home. Please call the Rectory Office to make arrangements. Those who are seriously ill should request a priest for Anointing of the Sick.

Visit the Sacraments page at www.stagnescathedral.org for more information.



LIVE STREAM REQUEST

We are now able to stream personal services such as weddings and funerals.
For more information, please call the rectory at (516) 766-0205.



STAY CONNECTED



www.stagnescathedral.org



@stagnescathedral



@stagnescathedral



The Cathedral of St. Agnes

Unable to join us for Mass? Tune in on  LIVE

The Roman Catholic Cathedral for the Diocese of Rockville Centre

LET US PRAY FOR OUR MILITARY

Lance Corporal Ryan Thomas Albergo, USMC
 1st Lt. Philip H. Arnold, USMC
 Spc. Liam Atwell, U.S. Army
 Capt. Robert L. Betts, U.S. Navy
 CDR Maura C. Garrity-Betts, U.S. Navy
 Lance Corporal Ryan Brower, USMC
 Lt. Gabby Busching, U.S. Coast Guard
 Lt. Joseph Busching, U.S. Coast Guard
 Sgt. Lucas Camacho, USMC
 1st Lt. Paul D. Cammarota, USMC
 Lt. Scott Kiley Childers, U.S. Navy
 LCDR Richard Childers, M.D. U.S. Navy
 2nd Lt. Brian J. Clark, U.S. Army
 Lt. JG Julia Coughlin, U.S. Navy
 Lt. Greg Crescenzo, U.S. Navy
 Jason Cummings, USMC
 Airman Michael Cummo, U.S. Navy
 Maj. Richard Davin, Jr., Air National Guard
 LCDR Christopher DelBello, U.S. Navy
 Chief Petty Officer Robert W. DeMattia, U.S. Navy
 Lance Corporal Trevor Donohue, USMC
 Lt. J.G. Jack Doyle, U.S. Navy
 Lt. J.G. Kevin Doyle, U.S. Navy
 Michael Espada, 2nd Class Petty Officer, MR2
 Daniel Fels, U.S. Army, Military Police
 Lt. Brendan J. Fisk, U.S. Navy
 Lt. Daniel R. Fisk, U.S. Navy
 2nd Lt. Charles Flanagan, U. S. Army
 A.M.T 3, Kyle Forster, U.S. Coast Guard
 Capt. Steven Hampson, U.S. Army
 Capt. Cody Hardenburgh USMC
 Pvt. Daniel Healey, U.S. Army
 2nd Class Petty Officer, Robert Hock, U.S. Navy
 1st Lt. Tynika Holland, U.S. Army
 Maj. Philip F. Johndrow, U.S. Army
 2nd Lt. Jake LaRocca, U.S. Army
 Lt. Kieran McCarthy, U.S. Navy
 Sgt. Sean Michael McCrystal, USMC
 Lance Corporal Aidan Patrick McNamara, USMC
 Lance Corporal Jason Maccaron, USMC
 Cpl. James Thomas Maroney, USMC
 Lt. Andrew Maza, USAF
 Sgt. Joseph Meyer, U.S. Army
 Col. Christopher V. Meyers, USMC
 Lt. Col. Gregory John Mueller, USMC (Reserve)
 Stephan O'Connor, E-5, U.S. Navy
 Matthew Pacheco, U.S. Army
 Ensign John A. Petr, US Navy
 Pvt. Ray P. Rodriguez, U.S. Army
 Spc. James Rodziewicz, U.S. Army
 Lance Corporal Eric Roehrig, USMC
 Spc. Jeanine M. Rosa, U.S. Army
 Thomas Sullivan, U. S. Army
 Alec Swoger, MMN3 Nuclear Operator, U.S. Navy
 Robert C. Tempesta, Master at Arms
 1st Class U.S. Navy
 PFC Derick Thomas, USMC

PRAYER FOR OUR TROOPS

Lord, hold our troops in your loving hands.

Protect them as they protect us.
 Bless them and their families
 for the selfless acts they perform
 for us in our time of need.

And give us peace.

I ask this in the name of Jesus,
 Our Lord and Savior. Amen

Kindly call the Rectory Office at 766-0205 if you know
 of anyone that is on this list and has returned home.

Devotions



Eucharistic Adoration is the traditional Catholic practice of taking the consecrated host, the Blessed Sacrament, and placing it in a sun-shaped vessel called a Monstrance in order for the faithful to look upon Our Lord and pray to Him in peaceful contemplation. You are invited to join us every Monday, Wednesday and Friday following the 12:10 p.m. Mass until Benediction 6:00 p.m. in the Adoration Chapel accessible through the side door on Clinton Avenue (unless otherwise noted)

The Rosary is prayed after the 8:00 a.m. Mass each Monday through Friday in the Cathedral except on Saturdays when it is prayed after the 8:00 a.m. Mass.



STEWARDSHIP

A Way of Life *Stewardship Reflection*

Jesus Christ is Lord. In today's Gospel, He raised Lazarus from the dead.

Living Stewardship . . . Pillar of Service

This week, do something for others. As your Lenten journey nears the end, be sure to give alms to those in need.

Sharing One's Material Resources in the Parish

WEEKLY OFFERINGS

	<u>3/15/2026</u>	<u>3/16/2025</u>	<u>3/17/2024</u>
Weekly Collection	\$39,948	\$48,835	\$36,040

Pregnant? Need help?



24 hour Helpline
 1-800-550-4900;
birthright.org/wantagh

(516) 798-8746
lifecenterli.org

MASSES FOR THE WEEK

Monday, March 23, St. Turibius of Mogrovejo, Bishop
Dn 13:1-9, 15-17, 19-30, 33-62; Jn 8:1-11

6:30 Robert Minter & Michael Emond
 8:00 Mary Jo Holland
 12:10 Robert Powers

Tuesday, March 24, St. Oscar Romero, Bishop & Martyr

Nm 21:4-9; Jn 8:21-30

6:30 Maria Sacco Gaylarido
 8:00 Marie O'Hara
 12:10 William D. Rea
 7:30 Special Intentions

Wednesday, March 25, The Annunciation of the Lord
Is 7:10-14, 8:10; Heb 10:4-10; Lk 1:26-38

6:30 Steven Zinno
 8:00 Isabelle, Charles, Dennis & MaryJean Callahan
 12:10 Mary Helen & Thomas Ryan

Thursday, March 26, Lenten Weekday
Gn 17:3-9; Jn 8:51-59

6:30 Deacon Jack McKenna
 8:00 Bertha Ambort
 12:10 Gertrude & Willie Kuczyk

Friday, March 27, Lenten Weekday
Jer 20:10-13; Jn 10:31-42

6:30 Eileen R. Farrell & Juliet Flemming
 8:00 Nicholas Giampetruzzi
 12:10 Thanksgiving to St. Joseph

Saturday, March 28, Lenten Weekday
Ez 37:21-28; Jn 11:45-56

8:00 The Family of Grace Kathleen Alleva
 5:00 Maureen, Margaret, Dominic, Sr, Living & Dec'd Members of the Sichenzia, Lynch, Donnelly & Guthrie Families, Margaret Rohan, Cavan James Finigan, Santo Borruso

7:30 C Eliades Allende, Felix Espinal (2 month Anniversary)

7:30 LH Debra Pine (Living)

Sunday, March 29, Palm Sunday of the Passion of the Lord

Mt 21:1-11; Is 50:4-7; Phil 2:6-11; Mt 26:14-27:66

7:00 The Parishioners of St. Agnes Cathedral
 8:00 Richard DePalma
 9:30 Laurence P. Rizzo, Sr. & Laurence P. Rizzo, Jr.
 10:30 LH Detective Steven McDonald
 11:00 Carol Lombardi
 12:30 Paul Zwilling, Sean Pickford, Angela Bonfiglio, Santo Borruso, Leonora M. VanderDrift
 5:00 Emily Cannati

PLEASE PRAY



For The Faithful Departed
 Thomas Alcock

For The Sick

Peter Ahern, Noah LaRoche, Greg Franco, Cloe Mirro Giovingo, Sr. Kathleen Murphy, Jeffrey Alan Bower, Louise Washington, Anthony Ventrice, Jennifer Duffy, Thomas Kelly, Bob Toy, Maggie Goodwin, Sr. Helen Byrne, Jack Prophet, Vera Davis, Frances Katon-Donegal, Balestrieri Family, David Sylvester Seal, Ron La Grega, Barbara Magloire, Akosua Cobb, Marie Poggelli, Gilbert Otano, Joseph Murphy, Barbara Rotunno, Tania Smith, Joseph Mariani, Jeffrey Buxton, Thomas Hayes, Jr., Susan Kowalski, Maria McDonald, Stephanie Ramos, Lisa Pelrine-Shulman

Sick Names for the bulletin remain for three weeks unless the Rectory is notified for an extension. Please note that requests should come from the family and the person must give permission to be listed.

Pray for Vocations

We pray for an increase in vocations to the priesthood and religious life, especially from among the people of our parish and the children of our schools.



Discerning a Vocation to the Priesthood?
 Contact: vocations@drcv.org

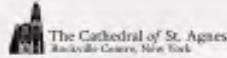
THE NEWLY BAPTIZED



On March 15, 2026 we welcomed the following children into the St. Agnes Cathedral Parish Community:

Tessa Appel
 Gabriella Baez
 Serafino DeSimone
 Cassidy Maynard
 Adelaide McDermott
 Sophie Perri
 Kayli Sideratos

Congratulations to the parents of the newly baptized.



LENT AT SAINT AGNES

Lent is more than giving something up, it is an invitation to go deeper with the Lord. For 40 days, we are called to step away from routine and draw closer to Him through prayer, fasting, and almsgiving. Consider committing to one of the spiritual opportunities below as a way to grow closer to Christ this season:

DAILY MASS

6:30AM, 8:00AM, 12:10PM

CONFESSIONS

MON-THURS AFTER THE 6:30AM MASS
FRI AFTER THE 6:30AM AND 12:10PM MASSES
SAT & SUNDAY AT 4PM

ADORATION

MON, WED, FRI AFTER THE 12:10PM MASS,
WITH BENEDICTION AT 6PM IN THE ADORATION
CHAPEL

STATIONS OF THE CROSS

EACH FRIDAY DURING LENT AT 7:30PM

LENTEN MISSION

MARCH 2-4 AT 7:30PM, LED BY MSGR. CHARLES FINK

Holy Week & Easter 2026

THE CATHEDRAL OF SAINT AGNES • ROCKVILLE CENTRE, NY



Palm Sunday • Sunday, March 29th

**Palm will be distributed at all Masses*

Saturday Evening, March 28th

5:00 p.m., 7:30 p.m. (Spanish), 7:30 p.m. (Lower Hall)

Sunday, March 29th

7:00, 8:00, 9:30 a.m., 10:30 a.m. (Parish Center)

11:00 a.m., 12:30 p.m. and 5:00 p.m.

March 30th, March 31st, and April 1st

Masses at 6:30, 8:00 a.m. and 12:10 p.m.

**No 12:10 p.m. Mass on March 31st*

Chrism Mass • Tuesday, March 31st

4:00 p.m. in the Cathedral

The Office of Tenebrae • Wednesday, April 1st

7:30 p.m. in the Cathedral

Holy Thursday • Thursday, April 2nd

9:00 a.m., Sung Morning Prayer

8:00 p.m., Pontifical Mass of the Lord's Supper

Adoration of the Blessed Sacrament until

Midnight in the Cathedral

Good Friday • Friday, April 3rd

9:00 a.m., Sung Morning Prayer

12:00 p.m., Stations of the Cross

3:00 p.m., The Lord's Passion with Holy Communion

8:00 p.m., The Lord's Passion with Holy Communion

Holy Saturday • Saturday, April 4th

9:00 a.m. Sung Morning Prayer

8:00 p.m. Pontifical Easter Vigil Mass

There will be NO 5:00 p.m. and 7:30 p.m. Masses

Easter Sunday • Sunday, April 5th

Masses in the Cathedral

7:00, 8:00, 9:30 a.m., 11:00 a.m., and 12:30 p.m.

Masses in the Parish Center

9:30 a.m., 11:00 a.m. and 12:30 p.m.

NO 10:30 a.m. or 5:00 p.m. Masses



Eucharistic Adoration

Monday, Wednesday and Friday
following the 12:10pm Mass until 6 pm

Benediction at 6pm

Location: Adoration Chapel
accessible through the side door on Clinton Ave.

Scan to
Commit an Hour





DIOCESE OF ROCKVILLE CENTRE

Lenten Revival Night

at the Cathedral of Saint Agnes

29 Quealy Place, Rockville Centre, NY

Thursday, March 26, 2026 • 7:30 PM



All are invited to the Cathedral of Saint Agnes in Rockville Centre for a special Holy Hour with Bishop Barres and the faithful from across Long Island. There will be live music, a reflection, benediction and a candlelight procession. Adoration of the Blessed Sacrament will be available in the church until midnight.



Chrism Mass

at the Cathedral of Saint Agnes

29 Quealy Place, Rockville Centre, NY 11570

Tuesday, March 31, 2026 • 4:00 P.M.

All are invited to attend in person.

This Mass will be broadcast live on the Catholic Faith Network:
Optimum channel 29/137, Verizon FiOS channel 296 and Time Warner Cable
channel 471. Viewers can watch the Mass online at cfntv.org.



DIOCESE OF ROCKVILLE CENTRE

Reconciliation Monday 2026

Monday, March 30

2:00–4:00 PM  6:00–9:00 PM

Experience the liberating grace of the Sacrament of Reconciliation (Penance). Confessions will be available in every Catholic church in the Diocese of Rockville Centre.



To find a parish near you, visit: www.drvc.org/maps



LENT

STATIONS OF THE CROSS

Fridays at 7:30PM
in the Cathedral



HIGH SCHOOL BIBLE STUDY

For Young Men in 9th-12th Grade



Every Sunday

Meet in the Vestibule after the 5PM Mass

6:00pm Bible Study & Adoration

7:00pm - Pizza and Wings

BROADWAY COMES TO SAINT AGNES CATHEDRAL

THE
GOSPEL
OF
JOHN

April 19th 2026 • 6:30 p.m.
St. Agnes Cathedral Parish Center

Veteran Broadway Actor Ken Jennings has taken his deep faith and love for the Gospel of John and created a one man play.

Scan the QR Code
to Register!





Fifth Sunday of Lent

Principal's
Announcements

We might find it shocking that the greatest miracle that Jesus performed to define his saving mission as one to free mankind from death is the catalyst that causes the Jewish authorities to plot his death. The very act of life-giving ends in death-dealing. By definitively showing that he is “the resurrection and the life,” Jesus precipitates his own death. The same act that causes Mary, Martha, and many of the Jews who had come to visit them to have faith in Jesus causes the opposite reaction in the Jewish authorities. There’s no halfway in John’s Gospel. One can walk in darkness or light, one is blind or sighted, one is alive or dead; no middle ground exists.

Lazarus will die again, of course. But by that time there will be no death at all for those who believe. And it seems unlikely that Lazarus would ever be able to doubt Christ after this episode. Those who believe will have their faith confirmed by this event, and those who won’t will find their resistance hardened by it. In no other episode in the Gospel story is Jesus shown so clearly for what he is: the resurrection and the life.

This Sunday, March 22nd is the Fathers’ Club Bowling event, at Maple Lanes.

Monday, March 23rd, marks a special homecoming for our school family. We are overjoyed to welcome Mrs. Wendy Hofmann back, who has been away since mid-December. We offer a prayer of gratitude for her health and the continued well-being of her family.

Monday is also the beginning of the Mothers’ Club Reading Week, kicked off by our 3rd annual Character Parade. In the evening, the Mothers’ Club will gather for their annual retreat, a quiet space for spiritual reflection.

On Tuesday, March 24, we ask for your prayers for our second-grade students. They will reach a beautiful milestone in their faith journey as they celebrate the Sacrament of First Reconciliation.

Please join us at Barnes and Noble in Carl Place on Wednesday evening for a night of reading, shopping, and fundraising.

On Thursday evening, March 26, please gather in the Cathedral for the Eucharistic Revival, a powerful time to encounter Christ in the Blessed Sacrament.

May the Lord bless our community in all our endeavors this 5th week of Lent, and may His grace guide our hearts as we walk together in faith.

Mrs. Cecilia St. John
Principal

BANNES OF MARIAGE



I

Bridget M. Kearns
Eamon Sheerin

St. Agnes Cathedral
Our Lady of Lourdes,
Massapequa Park, NY

III

Tina Marie Barricelli
Michael Trapani

St. Agnes Cathedral
Our Lady of Mt. Carmel
Brooklyn, NY

Jillian Doyle
Ryan Murphy

St. Agnes Cathedral
St. Raymond's
E. Rockaway, NY

Saint Agnes Cathedral Parish Widow and Widowers' Bereavement Group

If you have experienced the loss of a spouse/partner, it is helpful to be supported by others who have gone through a similar event in their own life. Knowing that you are not alone helps to ease your grief journey. Saint Agnes Cathedral Bereavement Group will be starting their Spring meetings on Tuesday, April 7, from 7:00 p.m. - 8:15 p.m. We will meet once a week, on Tuesdays, for eight weeks. If interested in joining, or if you need more information, please contact the Parish Social Ministry Outreach office at 516-678-1854 or email us at eramirez@stagnescathedral.org

Suicide Prevention Resources

Suicide is a major public health problem and a leading cause of death in the United States. The effects of suicide go beyond the person who acts to take his or her life: it can have a lasting effect on family, friends and communities. If you are thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

National Suicide Prevention Lifeline:
988 Suicide Crisis Lifeline - Call. Text. Chat.
<https://988lifeline.org>

Weekly Bible Study



Please join us for Bible study beginning on Wednesday's, at 9:45-11:00 a.m. in the Youth Room of the Ministry Building. We will be studying Books of Jeremiah, Lamentations and Daniel. For those unable to join us in person, please join us on Zoom.
Zoom ID: 79101167157
Zoom password: XSS6Ky For any questions please contact Ed Lambert 516-766-1505 or email Ed at ed11570@aol.com

Bulletin Deadlines

Parish Organizations wishing to submit notices for the bulletin should send items at least 10 days prior to that Sunday's bulletin date (deadline is Thursday at 9:30 a.m.) Anything received after the deadline may be held for the following week's bulletin. **Earlier deadlines of 14 days prior are in effect for holidays.** All submissions require approval of the rectory office before printing. Please email items directly to Joanne Mirro at jamirro@stagnescathedral.org.



To create a FORMED account:

1. Visit FORMED.ORG
2. Click SIGN UP
3. Select "I Belong to a Parish or Organization:

formed
Forming Catholics for Life.

The Annunciation | Sacred Art

Join Dr. Ben Akers and Taylor Kemp as they discuss the spiritual and theological significance of the Annunciation over a piece of Sacred Art by Elizabeth Zelasko that depicts this incredible scene.

Our parish has a free Formed subscription for you! Simply scan the QR code or visit formed.org/signup to create your account and select our parish to get free access to this content and much more!



4. Find the parish by name (St. Agnes Cathedral) or Zip (11570)
5. Enter your email and you're in (There is no cost to use FORMED.)

PARISH OUTREACH



Parish Social Ministry/Outreach assist those living within the St. Agnes Cathedral Parish boundaries who are experiencing difficulties.

The Parish Social Ministry Outreach is open Monday to Thursday from 9:00 a.m. to 1:00 p.m. Please call us to schedule an appointment 516-678-1854 or email us at outreach@stagnescathedral.org

During this Lenten Season, St. Agnes Parish Social Ministry is asking the community for Easter donations. Please help us bring joy to families in need this Easter, by donating hams, turkey breasts or supermarket gift cards.

In addition the pantry is also in need of: Parmalat milk, yogurt, butter, eggs, cereal, Chef Boyardee, canned vegetables, especially peas, carrots, peanut butter, 18oz. grape jelly, red beans, dry beans, cooking oil, coffee & tea, napkins, paper towels, toilet paper and dish detergent. In addition: Toiletry items i.e. shampoo 2 in 1 soap and ladies deodorant.

We will gladly accept donation between the hours of 9:00 a.m. and 3:00 p.m. Monday through Friday except for holidays.

Please do not leave any donations on the porch outside the Outreach office when the office is closed.

We are accepting spring clothing only.

Religious Education

Welcome to Week 25 of the 2025-2026 Religious Education Program.

This is the final week of Religious Education for both in-person and online programs.

In-Person Classes (Grades 2-7):

Classes will meet this week on Tuesday, March 24, and Wednesday, March 25.

Grades 2-5: 4:30-5:30 PM

Grades 6-7: 6:00-7:00 PM

Please note that there are no in-person classes on Thursday, March 26. This week marks the final week of in-person classes for all grades.

Online Learning (Grades 3-6):

All online students should now be working on Week 25 of their assignments. The online program concludes this week on Friday, March 27.

During this Lenten season, we invite you and your family to join the parish on Fridays at 7:30 PM in the Cathedral for Stations of the Cross.

As we prepare for the start of Holy Week, please refer to the parish bulletin and website for the full Mass and Confession schedules.

We are grateful for your continued support and thank you for being part of our Religious Education program.

We look forward to finishing the year together with a meaningful week of learning and faith.

Blessings, Anne Nelson



**Society of St. Vincent
de Paul
St. Agnes Cathedral
Conference
We Help People!**



We hope this Lenten season has provided you with the opportunity to slow down and enjoy your many blessings. We are encouraged as Christians to focus on prayer, fasting and almsgiving as part of our Lenten journey.

After this long and record-breaking winter, we are all dealing with the high price of heating our homes and the impact of inflation. The Saint Vincent de Paul Society of St. Agnes has been overwhelmed with requests for

groceries cards, rent assistance, and furniture. We have also been encouraged by people so willing to help.

If you would like to help us as part of your Lenten offering, please contact the Rectory at 516-766-0205. Remember the poor boxes and food bins in the Cathedral are a wonderful way to teach even our youngest children how they can help families right here in Rockville Centre who are struggling.

Thank you, once again, for your kindness and generosity. We ask you to please keep all of our neighbors in your prayers.

40 DAYS OF LENT

COUNTDOWN ACTIVITIES FOR KIDS

1 SMILE AT SOMEONE WHO LOOKS SAD.

2 SHARE YOUR FAVORITE BOOK WITH A FRIEND.

3 HOLD THE DOOR OPEN FOR SOMEONE.

4 SAY "THANK YOU" TO A PARENT.

5 SEND A KIND NOTE TO A FRIEND.

6 CLEAN UP WITHOUT BEING ASKED.

7 PICK UP LITTER AT A PARK.

8 OFFER TO HELP WITH A CHORE.

9 SAY SOMETHING NICE TO A STRANGER.

10 GIVE AWAY AN OLD TOY YOU DON'T NEED.

11 BAKE COOKIES FOR A NEIGHBOR.

12 THANK GOD FOR SOMETHING NEW.

13 GIVE A HUG TO SOMEONE YOU LOVE.

14 GIVE A COMPLIMENT TO SOMEONE.

15 SHARE YOUR SNACK WITH A FRIEND.

16 OFFER TO WATER A NEIGHBOR'S PLANTS.

17 CALL OR VIDEO CHAT WITH A RELATIVE.

18 SHARE A FAVORITE SONG WITH SOMEONE WHO MIGHT LIKE IT.

19 PICK UP TRASH AT THE PARK.

20 HELP A SIBLING MAKE THEIR BED.

21 DRAW A PICTURE FOR SOMEONE WHO IS SICK.

22 GIVE A COMPLIMENT TO A TEACHER.

23 MAKE A "THINKING OF YOU" CARD FOR SOMEONE.

24 HELP SOMEONE TIE THEIR SHOES.

25 GO ON A WALK WITH YOUR FAMILY.

26 DONATE SOME OF YOUR MONEY TO CHARITY.

27 OFFER TO PLAY WITH SOMEONE WHO IS ALONE.

28 WRITE A LETTER TO A FIRST RESPONDER.

29 FIND SOMETHING YOU CAN RECYCLE.

30 HELP CLEAN UP A MESS AT SCHOOL.

31 HELP PREPARE A MEAL.

32 PLANT A SEED AND WATCH IT GROW.

33 GIVE FLOWERS TO SOMEONE.

34 HELP SET THE TABLE FOR DINNER.

35 HELP YOUR PARENTS CLEAN THE CAR.

36 READ A BOOK TO SOMEONE YOU LOVE.

37 OFFER TO SWEEP THE FLOOR OR VACUUM A ROOM.

38 TAKE OUT THE TRASH OR RECYCLING.

39 HELP ORGANIZE OR CLEAN UP A SHARED SPACE.

40 SAY A PRAYER FOR YOUR FAMILY AND FRIENDS.

St. Agnes WWP Women's Day Retreat

"THE BATTLE OF THE MIND"

The most difficult battle we will ever face is not from outside, but from within!

Put on the Mind of Christ!



"Do not be conformed to this world, but be transformed by the renewal of your mind..." (Romans 12:2)



We invite you to join the Walking With Purpose women's ministry at St. Agnes Cathedral, along with Fr. Tony Stanganelli, Pastor of St. Thomas the Apostle parish, W. Hempstead to learn how to use the weapons you already have, to enter the battlefield of your mind... AND WIN!

- You no longer have to be a victim of your thoughts.
- God has given you all you need to align your thoughts with His truth.
- We will learn how to recognize the negative thoughts; reject the lies; and replace it with TRUTH!



Saturday, April 25 – 9am to 4:30pm

St. Agnes Cathedral, Parish Center,
Rockville Centre, NY



The day will include a continental breakfast, lunch & materials – \$40 per person

Questions? Email us at WWPstags@gmail.com

RSVP: Deadline Friday, April 17





COMUNIDAD HISPANA

LA CATEDRAL DE SANTA INÉS

MISAS EN ESPAÑOL, Sábado -
a las 7.30pm (Misa del Domingo)
Martes - a las 7.30pm (comenzando con el
Rosario y confesión a las 7.00pm)

Muy cercanos a la Semana Santa, en que celebraremos la muerte y el triunfo de la vida en la Pasión y Resurrección de Jesús, nos encontramos hoy con unos textos litúrgicos que nos hablan de la vida del Resucitado y de nuestra fe en esa vida. Nosotros tenemos una vida recibida. Jesús es Él mismo la Vida y la da a los que creen en él.

En la liturgia de hoy, el profeta Ezequiel se hace portavoz de un Dios que saca a su pueblo de la tumba y le infunde su Espíritu para que viva. En el evangelio de Juan es el mismo Jesús quien asume esa tarea al librar a su amigo Lázaro de las ataduras de la muerte. Y en esa misma línea, Pablo nos recuerda que, si vivimos según el Espíritu de Cristo, Dios nos hará participar en su mismo destino de resurrección.

Escucharemos hoy, en el Evangelio de san Juan, el relato del último y el más grande de los signos de Jesús que aceleró su muerte por la reacción de sus adversarios. Pongamos mucha atención, porque en Cristo está nuestra resurrección y nuestra vida.

LOS SACRAMENTOS *PENITENCIA/CONFESIÓN*

Todos los martes a las 7pm de la tarde antes de la Misa a las 7.30 p.m

BAUTISMO

El tercer Sábado de cada mes a las 6:30 p.m. Hay que comunicarse con la oficina de la rectoría para la entrevista. Se puede llenar el formulario por la web de la parroquia. Los padrinos deben ser católicos, bautizados que han hecho su primera comunión y la confirmación. Si son parejas, tienen que haberse casado por la iglesia.

MATRIMONIO

Los que quieren casarse por la iglesia deben contactarnos con 12 meses de anticipación, hay que llamar la rectoría para citar la entrevista con el sacerdote y obtener más informaciones. La pre-cana es obligatoria.

ACTIVIDADES

Tenemos la adoración Eucarística el primer Martes de cada mes en la catedral después de la Misa de las 7.30pm.

Movimiento de Cursillos de Cristiandad tiene su reunión todos los sábados después de la misa en el sótano de la sacristía.

Grupo de Oración (Carismático) tiene su oración del grupo todos los miércoles en el Lower Hall a las 7.00 p.m.

Para inscribir las intenciones de difuntos en la Misa de los Sábados a las 7:30 p.m. y Martes 7:30 p.m. ir a la oficina de la rectoría. Se abrirá espacio para 5 intenciones en cada Misa.

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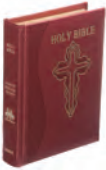
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