

The Cathedral of St. Agnes

ROCKVILLE CENTRE, NEW YORK



3.15.26



Fourth Sunday of Lent

Saint Joseph with the Christ Child by Guido Reni, 1620s
Solemnity of St. Joseph: March 19

HOLY MASS

SUNDAY

7AM, 8AM, 9:30AM (*Family Mass*),
10:30AM (*Lower Hall, Family Mass*)
11AM, 12:30PM, 5PM

SATURDAY

8AM, 5PM, 7:30PM (*Lower Hall*)
7:30PM (*Spanish*)

WEEKDAYS (Monday-Friday)

6:30AM, 8AM, 12:10PM

HOLY DAYS

Eve of Holy Day: 5PM, 7:30PM (*Spanish*)
Holy Day: 6:30AM, 7:45AM, 9:00AM, 12:10PM, 7:30PM

OUR PARISH

29 Quealy Place, Rockville Centre, NY 11570

CLERGY

Bishop

Most Reverend John O. Barres, D.D., S.T.D., J.C.L.

Rector

Very Rev. Michael F. Duffy

Associate Pastors

Rev. Christopher Heller
Rev. Michael Ngoka, C.M.

In Residence

Rev. Lachlan Cameron, S.T.L.

Weekend Assistants

Rev. Emmanuel Nwogu, *Comunidad Hispana*
Rev. Patrick Flanagan, C.M.
Very Rev. James Kuroly

STAFF

Religious Education

Anne Nelson, *Administrator*
anelson@stagnescathedral.org (516) 678-2306

Outreach

Elizabeth Ramirez
(516) 678-1856

Music

Michael Bower, *Director*
Maura Goodwin, *Associate Director*
(516) 764-9578

Facilities Manager

Patrick O'Brien

FOCUS Parish Missionary

Tara Lauderdale

SCHOOL

70 Clinton Avenue, Rockville Centre, NY 11570
Phone: (516) 678-5550 | Fax: 516-678-0437

Cecilia St. John, *Principal*
Mary Brower, *Assistant Principal*

OFFICE HOURS

Rectory

Monday - Thursday: 8:30am - 8:00pm
Friday: 8:30am to 4:00pm
Saturday: 10:00am to 2:00pm
Sunday: Closed
Emergencies anytime

*Religious Education**

Tuesday - Thursday: 10 a.m. - 4 p.m.

*Outreach**

Monday - Friday 9:00 a.m. - 3:30 p.m.

*Offices located in the Parish Ministry Building
(corner of N. Village Ave and Quealy Pl)

CATHEDRAL HOURS

The Cathedral is open for prayer
daily from 6:00 a.m. to 8:00 p.m.

SACRAMENTS

Confession

Saturday & Sunday: 4:00 pm to 4:45 pm
Monday – Friday: Following the 6:30 am Mass
Friday: Following the 12:10 pm Mass

Baptism

Once a month on Saturday at 12:30 p.m. and on the 2nd and 4th Sunday of the month at 1:45 p.m. Contact the Rectory Office to arrange for interview, ceremony and registration for required Baptism Preparation Class (for first time parents). Spanish Baptisms take place before the 7:30 p.m. Spanish Mass on Saturday evening. Please call the Rectory Office for more information.

Marriage

Arrangements should be made at least 12 months in advance and prior to making reception plans. Call the Rectory for an appointment with the priest you wish to witness your wedding. All couples are required to attend Pre-Cana.

Pastoral Care of the Sick

Priests and Extraordinary Ministers of Communion are available to bring Holy Communion to parishioners confined to home. Please call the Rectory Office to make arrangements. Those who are seriously ill should request a priest for Anointing of the Sick.

Visit the Sacraments page at www.stagnescathedral.org for more information.



LIVE STREAM REQUEST

We are now able to stream personal services such as weddings and funerals.
For more information, please call the rectory at (516) 766-0205.



STAY CONNECTED



www.stagnescathedral.org



@stagnescathedral



@stagnescathedral



The Cathedral of St. Agnes

Unable to join us for Mass? Tune in on LIVE

The Roman Catholic Cathedral for the Diocese of Rockville Centre

LET US PRAY FOR OUR MILITARY

Lance Corporal Ryan Thomas Albergo, USMC
 1st Lt. Philip H. Arnold, USMC
 Spc. Liam Atwell, U.S. Army
 Capt. Robert L. Betts, U.S. Navy
 CDR Maura C. Garrity-Betts, U.S. Navy
 Lance Corporal Ryan Brower, USMC
 Lt. Gabby Busching, U.S. Coast Guard
 Lt. Joseph Busching, U.S. Coast Guard
 Sgt. Lucas Camacho, USMC
 1st Lt. Paul D. Cammarota, USMC
 Lt. Scott Kiley Childers, U.S. Navy
 LCDR Richard Childers, M.D. U.S. Navy
 2nd Lt. Brian J. Clark, U.S. Army
 Lt. JG Julia Coughlin, U.S. Navy
 Lt. Greg Crescenzo, U.S. Navy
 Jason Cummings, USMC
 Airman Michael Cummo, U.S. Navy
 Maj. Richard Davin, Jr., Air National Guard
 LCDR Christopher DelBello, U.S. Navy
 Chief Petty Officer Robert W. DeMattia, U.S. Navy
 Lance Corporal Trevor Donohue, USMC
 Lt. J.G. Jack Doyle, U.S. Navy
 Lt. J.G. Kevin Doyle, U.S. Navy
 Michael Espada, 2nd Class Petty Officer, MR2
 Daniel Fels, U.S. Army, Military Police
 Lt. Brendan J. Fisk, U.S. Navy
 Lt. Daniel R. Fisk, U.S. Navy
 2nd Lt. Charles Flanagan, U. S. Army
 A.M.T 3, Kyle Forster, U.S. Coast Guard
 Capt. Steven Hampson, U.S. Army
 Capt. Cody Hardenburgh USMC
 Pvt. Daniel Healey, U.S. Army
 2nd Class Petty Officer, Robert Hock, U.S. Navy
 1st Lt. Tynika Holland, U.S. Army
 Maj. Philip F. Johndrow, U.S. Army
 2nd Lt. Jake LaRocca, U.S. Army
 Lt. Kieran McCarthy, U.S. Navy
 Sgt. Sean Michael McCrystal, USMC
 Lance Corporal Aidan Patrick McNamara, USMC
 Lance Corporal Jason Maccaron, USMC
 Cpl. James Thomas Maroney, USMC
 Lt. Andrew Maza, USAF
 Sgt. Joseph Meyer, U.S. Army
 Col. Christopher V. Meyers, USMC
 Lt. Col. Gregory John Mueller, USMC (Reserve)
 Stephan O'Connor, E-5, U.S. Navy
 Matthew Pacheco, U.S. Army
 Ensign John A. Petr, US Navy
 Pvt. Ray P. Rodriguez, U.S. Army
 Spc. James Rodziewicz, U.S. Army
 Lance Corporal Eric Roehrig, USMC
 Spc. Jeanine M. Rosa, U.S. Army
 Thomas Sullivan, U. S. Army
 Alec Swoger, MMN3 Nuclear Operator, U.S. Navy
 Robert C. Tempesta, Master at Arms
 1st Class U.S. Navy
 PFC Derick Thomas, USMC

PRAYER FOR OUR TROOPS

Lord, hold our troops in your loving hands.

Protect them as they protect us.
 Bless them and their families
 for the selfless acts they perform
 for us in our time of need.

And give us peace.

I ask this in the name of Jesus,
 Our Lord and Savior. Amen

Kindly call the Rectory Office at 766-0205 if you know
 of anyone that is on this list and has returned home.

Devotions



Eucharistic Adoration is the traditional Catholic practice of taking the consecrated host, the Blessed Sacrament, and placing it in a sun-shaped vessel called a Monstrance in order for the faithful to look upon Our Lord and pray to Him in peaceful contemplation. You are invited to join us every Monday, Wednesday and Friday following the 12:10 p.m. Mass until Benediction 6:00 p.m. in the Adoration Chapel accessible through the side door on Clinton Avenue (unless otherwise noted)

The Rosary is prayed after the 8:00 a.m. Mass each Monday through Friday in the Cathedral except on Saturdays when it is prayed after the 8:00 a.m. Mass.



STEWARDSHIP

A Way of Life *Stewardship Reflection*

Jesus gives sight to the man born blind.

Living Stewardship . . . Pillar of Formation

This week, take time each day to just sit and reflect on all the blessings God has bestowed upon you. Be sure to praise Him and give thanks.

Sharing One's Material Resources in the Parish

WEEKLY OFFERINGS

| | <u>3/8/2026</u> | <u>3/9/2025</u> | <u>3/10/2024</u> |
|------------|-----------------|-----------------|------------------|
| Weekly | \$40,992 | \$40,684 | \$35,885 |
| Collection | | | |

Pregnant? Need help?



24 hour Helpline
 1-800-550-4900;
birthright.org/wantagh

(516) 798-8746
lifecenterli.org

MASSES FOR THE WEEK

Monday, March 16, Lenten Weekday

Is 65:17-21; Jn 4:43-54

- 6:30 John Zablocki
8:00 John W. Bellanto
12:10 Patrick Reynolds (10th Anniversary)

Tuesday, March 17, St. Patrick, Bishop

Ez 47:1-9, 12; Jn 5:1-16

- 6:30 Melly Connaire
8:00 Helen & Francis Collins
12:10 Bridie Boyle
7:30 Special Intentions

Wednesday, March 18, St. Cyril of Jerusalem, Bishop & Doctor of the Church

Is 49:8-15; Jn 5:17-30

- 6:30 Patricia Byrne
8:00 Dec'd Members of the Tupa
& Chomy Families
12:10 St. Monica's Prayer Group

Thursday, March 19, St. Joseph,

Spouse of the Blessed Virgin Mary

2 Sm 7:4-5a, 12-14a, 16; Rom 4:13, 16-18, 22; Lk 2:41-51a

- 6:30 Intentions of the Kenna
& Gonzalez Families
8:00 Cathy Hammill (Living)
12:10 Joseph V. Davis, Sr.

Friday, March 20, Lenten Weekday

Wis 2:1a, 12-22; Jn 7:1-2, 10, 25-30

- 6:30 Helyn Jewell
8:00 Dec'd Members of the Lauro
& Flanagan Families
12:10 Patricia Jackson

Saturday, March 21, Lenten Weekday

Jer 11:18-20; Jn 7:40-53

- 8:00 Russell L. DeStefano
5:00 Robert Powers, Robert Chester,
Marie Mimms, Olive Hill, James Werner
7:30 C Special Intentions
7:30 LH Barbara Scamardella

Sunday, March 22, Fifth Sunday of Lent

Ez 37:12-14; Rom 8:8-11; Jn 11:1-45

- 7:00 Rev. John Martin Ruiz, O.P. (Living)
8:00 Jillian Daly
9:30 The Parishioners of St. Agnes Cathedral
10:30 LH Carol Ann Cummings
11:00 Molly Clarke-Nedbal (Living)
12:30 Catherine Kelly, William Donovan, Sr.,
James Werner, Thomas E. Gibson,
Sean Pickford
5:00 Robert Powers

PLEASE PRAY



For The Faithful Departed

Daniel J. Murphy, Aida Cino,
Joann Caponigro, Wayne Lipton

For The Sick

Peter Ahern, Noah LaRoche, Greg Franco,
Cloe Mirro Giovingo, Sr. Kathleen Murphy,
Jeffrey Alan Bower, Louise Washington,
Anthony Ventrice, Jennifer Duffy, Thomas Kelly,
Bob Toy, Maggie Goodwin, Sr. Helen Byrne,
Jack Prophet, Vera Davis, Frances Katon-Donegal,
Balestrieri Family, David Sylvester Seal, Ron La Grega,
Barbara Magloire, Akosua Cobb, Marie Poggelli,
Gilbert Otano, Joseph Murphy, Barbara Rotunno,
Tania Smith, Joseph Mariani, Jeffrey Buxton,
Thomas Hayes, Jr., Susan Kowalski, Maria McDonald,
Stephanie Ramos, Lisa Pelrine-Shulman

Sick Names for the bulletin remain for three weeks unless the Rectory is notified for an extension. Please note that requests should come from the family and the person must give permission to be listed.

Pray for Vocations

We pray for an increase in vocations to the priesthood and religious life, especially from among the people of our parish and the children of our schools.

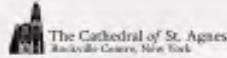


Discerning a Vocation to the Priesthood?

Contact: vocations@drvc.org

Special Needs Mass

We will celebrate a Mass for special needs children, and their families on **Saturday, March 14th** at 5:00 p.m. in the Lower Hall. This area is handicapped accessible, allowing families with children, who have developmental disabilities, access to the Lower Hall to celebrate God's presence in their lives.



LENT AT SAINT AGNES

Lent is more than giving something up, it is an invitation to go deeper with the Lord. For 40 days, we are called to step away from routine and draw closer to Him through prayer, fasting, and almsgiving. Consider committing to one of the spiritual opportunities below as a way to grow closer to Christ this season:

DAILY MASS

6:30AM, 8:00AM, 12:10PM

CONFESSIONS

MON-THURS AFTER THE 6:30AM MASS
FRI AFTER THE 6:30AM AND 12:10PM MASSES
SAT & SUNDAY AT 4PM

ADORATION

MON, WED, FRI AFTER THE 12:10PM MASS,
WITH BENEDICTION AT 6PM IN THE ADORATION
CHAPEL

STATIONS OF THE CROSS

EACH FRIDAY DURING LENT AT 7:30PM

LENTEN MISSION

MARCH 2-4 AT 7:30PM, LED BY MSGR. CHARLES FINK



Eucharistic Adoration

Monday, Wednesday and Friday
following the 12:10pm Mass until 6 pm

Benediction at 6pm

Location: Adoration Chapel
accessible through the side door on Clinton Ave.

Scan to
Commit an Hour





Chrism Mass

at the Cathedral of Saint Agnes

29 Quealy Place, Rockville Centre, NY 11570

Tuesday, March 31, 2026 • 4:00 P.M.

All are invited to attend in person.

This Mass will be broadcast live on the Catholic Faith Network:
Optimum channel 29/137, Verizon FiOS channel 296 and Time Warner Cable
channel 471. Viewers can watch the Mass online at cfntv.org.





DIOCESE OF ROCKVILLE CENTRE

Lenten Revival Night

at the Cathedral of Saint Agnes

29 Quealy Place, Rockville Centre, NY

Thursday, March 26, 2026 • 7:30 PM



All are invited to the Cathedral of Saint Agnes in Rockville Centre for a special Holy Hour with Bishop Barres and the faithful from across Long Island. There will be live music, a reflection, benediction and a candlelight procession. Adoration of the Blessed Sacrament will be available in the church until midnight.

Reconciliation Monday 2026

Monday, March 30

2:00–4:00 PM  6:00–9:00 PM

Experience the liberating grace of the Sacrament of Reconciliation (Penance). Confessions will be available in every Catholic church in the Diocese of Rockville Centre.



To find a parish near you, visit: www.drvc.org/maps



LENT

STATIONS OF THE CROSS

Fridays at 7:30PM
in the Cathedral



HOSTED BY



TARA LAUDERDALE



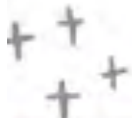
MAURA GOODWIN

HIGH SCHOOL GIRLS' *Bible Study*

St. Agnes Parish Center

MARCH 22 2026

6:00-7:00PM | BRING A BIBLE, JOURNAL & PEN
ALL INCOMING FRESHMEN THROUGH SENIORS
WELCOME!





Fourth Sunday of Lent

Principal's Announcements



HEALING OUR BLINDNESS

This section of John's Gospel explains how Jesus caused a major rift between people who believed in him and those who didn't. The conflict follows a specific logic: the Pharisees argued that because Jesus "worked" on the Sabbath by mixing clay to heal a man's eyes, he was breaking religious law. Their argument was that if Jesus was a "sinner," he shouldn't be able to perform miracles. Because they couldn't explain away the miracle, but refused to accept that Jesus was from God, they kicked the healed man out of their community.

Many scholars believe this story was written to encourage early Jewish Christians who were also being kicked out of their synagogues for following Jesus. It gave them hope by showing that being excluded from their religious group didn't mean they were cut off from God. Instead, it was a natural part of Jesus' mission: to give spiritual sight to those who are humble, while showing that those who think they see everything are actually spiritually blind.



Congratulations to our 8th-grade students, who were sealed with the Gift of the Holy Spirit through the Sacrament of Confirmation yesterday. May the gifts of the Holy Spirit guide them as they continue their faith journey.

On Monday, March 16th we celebrate the life and mission of St. Patrick, who brought the Gospel to Ireland.

- Spirit Wear: Students are invited to wear green with their gym uniforms.
- Our Kindergarten students will honor the St. Patrick with their annual St. Patrick's Day Parade. We look forward to seeing our youngest learners share their Irish spirit!
- Tuesday, March 17th is a remote day of instruction for Grades 1-8 from 8:10A.M. to 11:15 A.M.
- On Wednesday, March 18th, the Second Trimester Report Cards will be sent home. This is a wonderful opportunity to celebrate the academic growth of our students over the past few months.
- Thursday, March 19th and Friday, March 20th are Parent-Teacher Conference days.

On Saturday, March 21st, St. Agnes Cathedral School will march in the RVC St. Patrick's Day Parade. We hope to see you there!

Peace and Blessings to you and your families on this 4th Sunday of Lent.

Mrs. Cecilia St. John

Principal

BANNS OF MARRIAGE



II
Tina Marie Barricelli
Michael Trapani

St. Agnes Cathedral
Our Lady of Mt. Carmel
Brooklyn, NY

Jillian Doyle
Ryan Murphy

St. Agnes Cathedral
St. Raymond's
E. Rockaway, NY

Suicide Prevention Resources

Suicide is a major public health problem and a leading cause of death in the United States. The effects of suicide go beyond the person who acts to take his or her life: it can have a lasting effect on family, friends and communities. If you are thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

National Suicide Prevention Lifeline:
988 Suicide Crisis Lifeline - Call. Text. Chat.
<https://988lifeline.org>

THE NEWLY BAPTIZED



On March 8, 2026 we welcomed the following children into the St. Agnes Cathedral Parish Community:

Elena Kolendrekaj
Bella Laupheimer

Felina Rizzuto
Brooks Yanes

Congratulations to the parents of the newly baptized.

**Saint Agnes Cathedral Parish
Widow and Widowers'
Bereavement Group**

If you have experienced the loss of a spouse/partner, it is helpful to be supported by others who have gone through a similar event in their own life. Knowing that you are not alone helps to ease your grief journey. Saint Agnes Cathedral Bereavement Group will be starting their Spring meetings on Tuesday, April 7, from 7:00 p.m. - 8:15 p.m. We will meet once a week, on Tuesdays, for eight weeks. If interested in joining, or if you need more information, please contact the Parish Social Ministry Outreach office at 516-678-1854 or email us at eramirez@stagnescathedral.org

Weekly Bible Study



Please join us for Bible study beginning on Wednesday's, at 9:45-11:00 a.m. in the Youth Room of the Ministry Building. We will be studying Books of Jeremiah, Lamentations and Daniel. For those unable to join us in person, please join us on Zoom.
Zoom ID: 79101167157
Zoom password: XSS6Ky For any questions please contact Ed Lambert 516-766-1505 or email Ed at ed11570@aol.com



formed
Forming Catholics for *Life*.

Joseph of Nazareth: The Story of the Man Closest to Christ

Celebrate the feast of Christ's foster father with even more joy and respect this year by watching a movie about him! Enter into the life of this great saint through the movie Joseph of Nazareth!

Our parish has a free Formed subscription for you! Simply scan the QR code or visit formed.org/signup to create your account and select our parish to get free access to this content and much more!



- To create a FORMED account:**
1. Visit FORMED.ORG
 2. Click SIGN UP
 3. Select "I Belong to a Parish or Organization:

4. Find the parish by name (St. Agnes Cathedral) or Zip (11570)
5. Enter your email and you're in (There is no cost to use FORMED.)

PARISH OUTREACH



Parish Social Ministry/Outreach assist those living within the St. Agnes Cathedral Parish boundaries who are experiencing difficulties.

The Parish Social Ministry Outreach is open Monday to Thursday from 9:00 a.m. to 1:00 p.m. Please call us to schedule an appointment 516-678-1854 or email us at outreach@stagnescathedral.org

During this Lenten Season, St. Agnes Parish Social Ministry is asking the community for Easter donations. Please help us bring joy to families in need this Easter, by donating hams, turkey breasts or supermarket gift cards.

In addition the pantry is also in need of: Parmalat milk, yogurt, butter, cereal, Chef Boyardee, canned vegetables, especially peas, carrots, 18oz. grape jelly, red beans, cooking oil, napkins, paper towels, toilet paper and dish detergent. In addition: Toiletry items i.e. shampoo 2 in 1 soap, toothbrushes, toothpaste and deodorant.

We will gladly accept donation between the hours of 9:00 a.m. and 3:00 p.m. Monday through Friday except for holidays.

Please do not leave any donations on the porch outside the Outreach office when the office is closed.

We are accepting spring clothing only.

Bulletin Deadlines

Parish Organizations wishing to submit notices for the bulletin should send items at least 10 days prior to that Sunday's bulletin date (deadline is Thursday at 9:30 a.m.) Anything received after the deadline may be held for the following week's bulletin. ***Earlier deadlines of 14 days prior are in effect for holidays.*** All submissions require approval of the rectory office before printing. Please email items directly to Joanne Mirro at jamirro@stagnescathedral.org.

Religious Education

Welcome to Week 24 of the 2025-2026 Religious Education Program.

In-Person Classes (Grades 2-7) meet this week on Tuesday, March 17th, Wednesday, March 18th, and Thursday, March 19th. Grades 2 - 5 meet from 4:30 - 5:30 p.m., and Grades 6 - 7 meet from 6:00 - 7:00 p.m. On Thursday, March 19th, all classes will be held in the Parish Center.

Online Learning (Grades 3-6) - All online students should now be working on Week 24 of their assignments.

Grade 1 Program - The last Sunday School session is on Sunday, March 22nd.

The last Parent Session is on Thursday, March 19th, at 7:30 pm in the Cathedral.

Please join the Parish on Fridays at 7:30 pm in the Cathedral for Stations of the Cross during Lent.

We're grateful for your continued support and look forward to another meaningful week of learning and faith!

Blessings, Anne Nelson



Society of St. Vincent de Paul
St. Agnes Cathedral
Conference
We Help People!



We hope this Lenten season has provided you with the opportunity to slow down and enjoy your many blessings. We are encouraged as Christians to focus on prayer, fasting and almsgiving as part of our Lenten journey.

After this long and record-breaking winter, we are all dealing with the high price of heating our homes and the impact of inflation. The Saint Vincent de Paul Society of St. Agnes has been overwhelmed with requests for groceries cards, rent assistance, and furniture. We have also been encouraged by people so willing to help.

If you would like to help us as part of your Lenten offering, please contact the Rectory at 516-766-0205. Remember the poor boxes and food bins in the Cathedral are a wonderful way to teach even our youngest children how they can help families right here in Rockville Centre who are struggling.

Thank you, once again, for your kindness and generosity. We ask you to please keep all of our neighbors in your prayers.

Lenten Day of Prayer



"Forming a Moral Conscience with God"



- Presenter -
 Rev. Patrick J. Griffin, CM
Vincentian Center for Church & Society
St. John's University

Reflections ✘ Opportunity for Confession ✘ Lunch ✘ Holy Mass

Sponsored by Friends of the Seminary
 \$50 Member of Friends ♦ \$60 Non-Member of Friends

Immaculate Conception Retreat Center
 440 West Neck Road, Huntington, NY 11743
 (631)423-0483 x 102

www.icseminary.edu/events ♦ bmalone@icseminary.edu



WHAT WILL YOU DO FOR LENT? *Come as you are.*

YOU ARE WELCOME HERE

Forget the chocolate this Lent.

Instead, accompany Jesus and walk alongside Him through His Passion in John's Gospel.

Do you find it hard to feel close to Christ because you just don't know Him very well? Perhaps you already feel close to Him but would like a deeper relationship with Jesus.

"If you want to be restored... We need to stop running." – Lisa Brenninkmeyer

Walking with Purpose invites NEW women to participate in a 5 week LENTEN BIBLE STUDY: *Touching the Divine*. Enjoy spending time in the Gospel of John—reading Jesus' actual words and focusing entirely on Him.

Join us for coffee and meaningful conversation as we discover our new identity in Christ, our Redeemer & Restorer.

**Thursdays (2/26 through 3/26)
@12:45-2:30pm**

Ministry Building, Youth Rm

Register via QR Code or for more information, contact:

wwpstags@gmail.com

Our mission is to help every Catholic woman encounter Jesus Christ through our Bible studies.



walking with purpose

www.walkingwithpurpose.com

40 DAYS OF LENT

COUNTDOWN ACTIVITIES FOR KIDS



- 1 SMILE AT SOMEONE WHO LOOKS SAD.
- 2 SHARE YOUR FAVORITE BOOK WITH A FRIEND.
- 3 HOLD THE DOOR OPEN FOR SOMEONE.

| | | | | | |
|---|--|--|---|---|--|
| 9 SAY SOMETHING NICE TO A STRANGER. | 8 OFFER TO HELP WITH A CHORE. | 7 PICK UP LITTER AT A PARK. | 6 CLEAN UP WITHOUT BEING ASKED. | 5 SEND A KIND NOTE TO A FRIEND. | 4 SAY "THANK YOU" TO A PARENT. |
| 10 GIVE AWAY AN OLD TOY YOU DON'T NEED. | 11 BAKE COOKIES FOR A NEIGHBOR. | 12 THANK GOD FOR SOMETHING NEW. | 13 GIVE A HUG TO SOMEONE YOU LOVE. | 14 GIVE A COMPLIMENT TO SOMEONE. | 15 SHARE YOUR SNACK WITH A FRIEND. |
| | | | | | 16 OFFER TO WATER A NEIGHBOR'S PLANTS. |
| | | | | | 17 CALL OR VIDEO CHAT WITH A RELATIVE. |
| 23 MAKE A "THINKING OF YOU" CARD FOR SOMEONE. | 22 GIVE A COMPLIMENT TO A TEACHER. | 21 DRAW A PICTURE FOR SOMEONE WHO IS SICK. | 20 HELP A SIBLING MAKE THEIR BED. | 19 PICK UP TRASH AT THE PARK. | 18 SHARE A FAVORITE SONG WITH SOMEONE WHO MIGHT LIKE IT. |
| 24 HELP SOMEONE TIE THEIR SHOES. | 25 GO ON A WALK WITH YOUR FAMILY. | 26 DONATE SOME OF YOUR MONEY TO CHARITY. | 27 OFFER TO PLAY WITH SOMEONE WHO IS ALONE. | 28 WRITE A LETTER TO A FIRST RESPONDER. | 29 FIND SOMETHING YOU CAN RECYCLE. |
| | | | | | 30 HELP CLEAN UP A MESS AT SCHOOL. |
| | | | | | 31 PLANT A SEED AND WATCH IT GROW. |
| | | | | | 32 HELP PREPARE A MEAL. |
| | | | | | 33 GIVE FLOWERS TO SOMEONE. |
| 40 SAY A PRAYER FOR YOUR FAMILY AND FRIENDS. | 39 HELP ORGANIZE OR CLEAN UP A SHARED SPACE. | 38 TAKE OUT THE TRASH OR RECYCLING. | 37 OFFER TO SWEEP THE FLOOR OR VACUUM A ROOM. | 36 READ A BOOK TO SOMEONE YOU LOVE. | 35 HELP YOUR PARENTS CLEAN THE CAR. |
| | | | | | 34 HELP SET THE TABLE FOR DINNER. |





COMUNIDAD HISPANA

LA CATEDRAL DE SANTA INÉS

MISAS EN ESPAÑOL, Sábado -
a las 7.30pm (Misa del Domingo)
Martes - a las 7.30pm (comenzando con el Rosario
y confesión a las 7.00pm)

Seguimos viviendo la Cuaresma como preparación e inicio de la Pascua. Cristo es la luz que nos sigue guiando a través de los acontecimientos como la sanación del ciego de la liturgia de hoy, que nos preparan para contemplar gozosos la gloria de la resurrección.

Si el domingo pasado destacaba el símbolo bautismal del agua, ahora nos encontramos con otros dos: el aceite y la luz. El primer libro de Samuel nos narra cómo el profeta Samuel ungió a David como rey de Israel. El evangelio de san Juan nos presenta a Jesús como luz del mundo que ilumina los ojos de un ciego de nacimiento. Y san Pablo nos recuerda que siempre debemos comportarnos como hijos de la luz.

Como a la samaritana del domingo pasado, Jesús también ahora va guiando a un ciego de nacimiento, para que, a través de lo que acontece en torno a Jesús, reconozca y acepte a Cristo como luz, hijo del hombre, enviado, profeta, Mesías y Señor.

LOS SACRAMENTOS

PENITENCIA/CONFESIÓN

Todos los martes a las 7pm de la tarde antes de la Misa a las 7.30 p.m

BAUTISMO

El tercer Sábado de cada mes a las 6:30 p.m. Hay que comunicarse con la oficina de la rectoría para la entrevista. Se puede llenar el formulario por la web de la parroquia. Los padrinos deben ser católicos, bautizados que han hecho su primera comunión y la confirmación. Si son parejas, tienen que haberse casado por la iglesia.

MATRIMONIO

Los que quieren casarse por la iglesia deben contactarnos con 12 meses de anticipación, hay que llamar la rectoría para citar la entrevista con el sacerdote y obtener más informaciones. La pre-cana es obligatoria.

ACTIVIDADES

Tenemos la adoración Eucarística el primer Martes de cada mes en la catedral después de la Misa de las 7.30pm.

Movimiento de Cursillos de Cristiandad tiene su reunión todos los sábados después de la misa en el sótano de la sacristía.

Grupo de Oración (Carismático) tiene su oración del grupo todos los miércoles en el Lower Hall a las 7.00 p.m.

Para inscribir las intenciones de difuntos en la Misa de los Sábados a las 7:30 p.m. y Martes 7:30 p.m. ir a la oficina de la rectoría. Se abrirá espacio para 5 intenciones en cada Misa.

Los jóvenes de la catequesis recibirán el sacramento de la Confirmación el Sabado 14 de marzo en la Misa de las 7:30 p.m.

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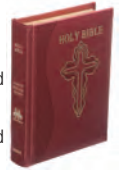
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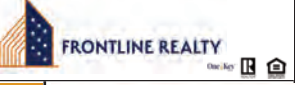
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