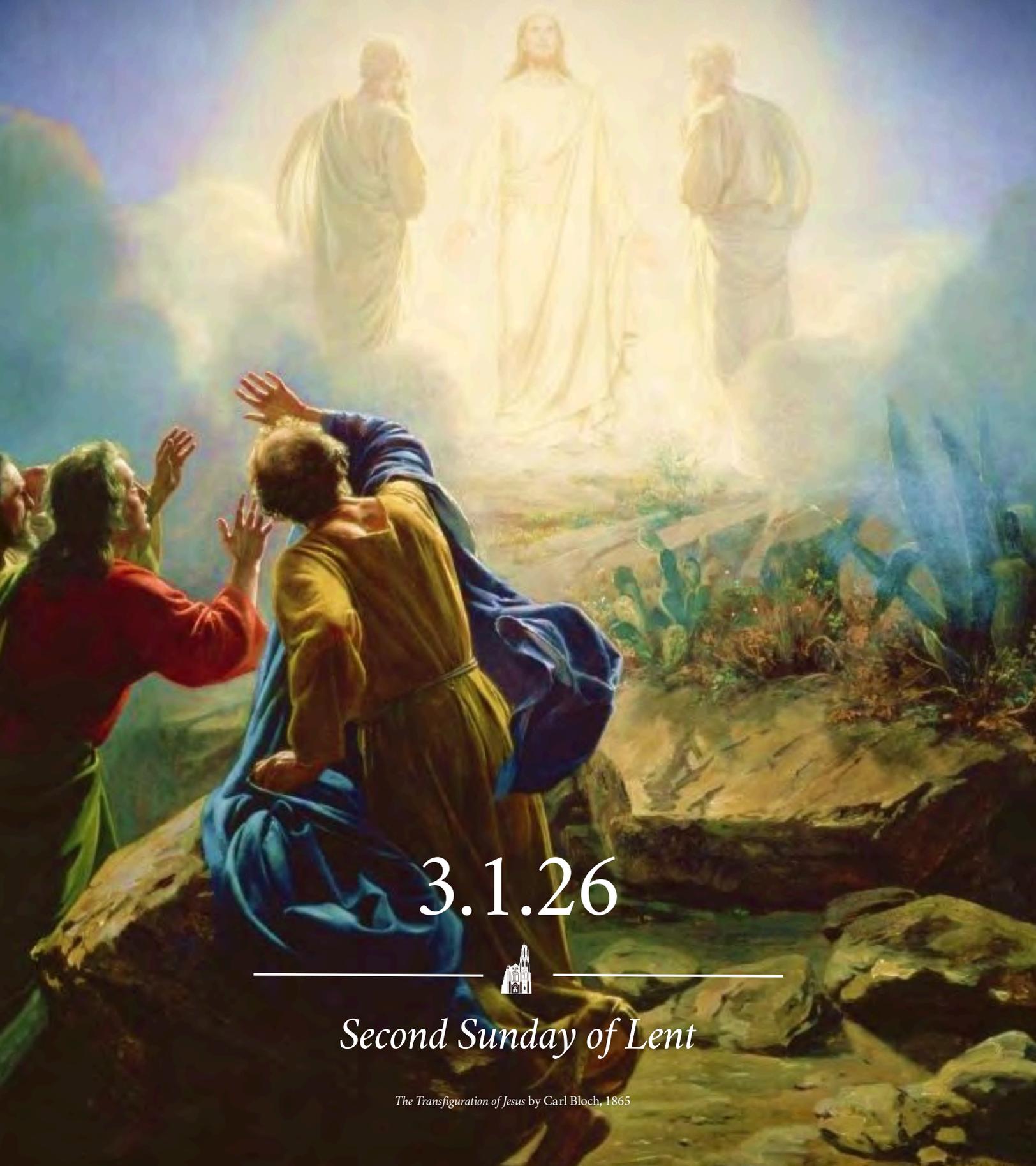


# The Cathedral of St. Agnes

ROCKVILLE CENTRE, NEW YORK



3.1.26



*Second Sunday of Lent*

The Transfiguration of Jesus by Carl Bloch, 1865

# HOLY MASS

## SUNDAY

7AM, 8AM, 9:30AM (*Family Mass*),  
10:30AM (*Lower Hall, Family Mass*)  
11AM, 12:30PM, 5PM

## SATURDAY

8AM, 5PM, 7:30PM (*Lower Hall*)  
7:30PM (*Spanish*)

## WEEKDAYS (Monday-Friday)

6:30AM, 8AM, 12:10PM

## HOLY DAYS

Eve of Holy Day: 5PM, 7:30PM (*Spanish*)  
Holy Day: 6:30AM, 7:45AM, 9:00AM, 12:10PM, 7:30PM

# OUR PARISH

29 Quealy Place, Rockville Centre, NY 11570

## CLERGY

### *Bishop*

Most Reverend John O. Barres, D.D., S.T.D., J.C.L.

### *Rector*

Very Rev. Michael F. Duffy

### *Associate Pastors*

Rev. Christopher Heller  
Rev. Michael Ngoka, C.M.

### *In Residence*

Rev. Lachlan Cameron, S.T.L.

### *Weekend Assistants*

Rev. Emmanuel Nwogu, *Comunidad Hispana*  
Rev. Patrick Flanagan, C.M.  
Very Rev. James Kuroly

## STAFF

### *Religious Education*

Anne Nelson, *Administrator*  
anelson@stagnescathedral.org (516) 678-2306

### *Outreach*

Elizabeth Ramirez  
(516) 678-1856

### *Music*

Michael Bower, *Director*  
Maura Goodwin, *Associate Director*  
(516) 764-9578

### *Facilities Manager*

Patrick O'Brien

### *FOCUS Parish Missionary*

Tara Lauderdale

## SCHOOL

70 Clinton Avenue, Rockville Centre, NY 11570  
Phone: (516) 678-5550 | Fax: 516-678-0437

Cecilia St. John, *Principal*  
Mary Brower, *Assistant Principal*

## OFFICE HOURS

### *Rectory*

Monday - Thursday: 8:30am - 8:00pm  
Friday: 8:30am to 4:00pm  
Saturday: 10:00am to 2:00pm  
Sunday: Closed  
*Emergencies anytime*

### *Religious Education\**

Tuesday - Thursday: 10 a.m. - 4 p.m.

### *Outreach\**

Monday - Friday 9:00 a.m. - 3:30 p.m.

\*Offices located in the Parish Ministry Building  
(corner of N. Village Ave and Quealy Pl)

## CATHEDRAL HOURS

The Cathedral is open for prayer  
daily from 6:00 a.m. to 8:00 p.m.

# SACRAMENTS

## Confession

Saturday & Sunday: 4:00 pm to 4:45 pm  
Monday – Friday: Following the 6:30 am Mass  
Friday: Following the 12:10 pm Mass

## Baptism

Once a month on Saturday at 12:30 p.m. and on the 2nd and 4th Sunday of the month at 1:45 p.m. Contact the Rectory Office to arrange for interview, ceremony and registration for required Baptism Preparation Class (for first time parents). Spanish Baptisms take place before the 7:30 p.m. Spanish Mass on Saturday evening. Please call the Rectory Office for more information.

## Marriage

Arrangements should be made at least 12 months in advance and prior to making reception plans. Call the Rectory for an appointment with the priest you wish to witness your wedding. All couples are required to attend Pre-Cana.

## Pastoral Care of the Sick

Priests and Extraordinary Ministers of Communion are available to bring Holy Communion to parishioners confined to home. Please call the Rectory Office to make arrangements. Those who are seriously ill should request a priest for Anointing of the Sick.

Visit the Sacraments page at [www.stagnescathedral.org](http://www.stagnescathedral.org) for more information.



## LIVE STREAM REQUEST

We are now able to stream personal services such as weddings and funerals.  
For more information, please call the rectory at (516) 766-0205.



## STAY CONNECTED



[www.stagnescathedral.org](http://www.stagnescathedral.org)



@stagnescathedral



@stagnescathedral



The Cathedral of St. Agnes

Unable to join us for Mass? Tune in on  LIVE

*The Roman Catholic Cathedral for the Diocese of Rockville Centre*

## LET US PRAY FOR OUR MILITARY

Lance Corporal Ryan Thomas Albergo, USMC  
 1st Lt. Philip H. Arnold, USMC  
 Spc. Liam Atwell, U.S. Army  
 Capt. Robert L. Betts, U.S. Navy  
 CDR Maura C. Garrity-Betts, U.S. Navy  
 Lance Corporal Ryan Brower, USMC  
 Lt. Gabby Busching, U.S. Coast Guard  
 Lt. Joseph Busching, U.S. Coast Guard  
 Sgt. Lucas Camacho, USMC  
 1st Lt. Paul D. Cammarota, USMC  
 Lt. Scott Kiley Childers, U.S. Navy  
 LCDR Richard Childers, M.D. U.S. Navy  
 2nd Lt. Brian J. Clark, U.S. Army  
 Lt. JG Julia Coughlin, U.S. Navy  
 Lt. Greg Crescenzo, U.S. Navy  
 Airman Michael Cummo, U.S. Navy  
 Maj. Richard Davin, Jr., Air National Guard  
 LCDR Christopher DelBello, U.S. Navy  
 Chief Petty Officer Robert W. DeMattia, U.S. Navy  
 Lance Corporal Trevor Donohue, USMC  
 Lt. J.G. Jack Doyle, U.S. Navy  
 Lt. J.G. Kevin Doyle, U.S. Navy  
 Michael Espada, 2nd Class Petty Officer, MR2  
 Daniel Fels, U.S. Army, Military Police  
 Lt. Brendan J. Fisk, U.S. Navy  
 Lt. Daniel R. Fisk, U.S. Navy  
 2nd Lt. Charles Flanagan, U. S. Army  
 A.M.T 3, Kyle Forster, U.S. Coast Guard  
 Capt. Steven Hampson, U.S. Army  
 Capt. Cody Hardenburgh USMC  
 Pvt. Daniel Healey, U.S. Army  
 2nd Class Petty Officer, Robert Hock, U.S. Navy  
 1st Lt. Tynika Holland, U.S. Army  
 Maj. Philip F. Johndrow, U.S. Army  
 Lt. Kieran McCarthy, U.S. Navy  
 Lance Corporal Aidan Patrick McNamara, USMC  
 Lance Corporal Jason Maccaron, USMC  
 Cpl. James Thomas Maroney, USMC  
 Lt. Andrew Maza, USAF  
 Sgt. Joseph Meyer, U.S. Army  
 Col. Christopher V. Meyers, USMC  
 Lt. Col. Gregory John Mueller, USMC (Reserve)  
 Stephan O'Connor, E-5, U.S. Navy  
 Matthew Pacheco, U.S. Army  
 Ensign John A. Petr, US Navy  
 Pvt. Ray P. Rodriguez, U.S. Army  
 Spc. James Rodziewicz, U.S. Army  
 Lance Corporal Eric Roehrig, USMC  
 Spc. Jeanine M. Rosa, U.S. Army  
 Thomas Sullivan, U. S. Army  
 Alec Swoger, MMN3 Nuclear Operator, U.S. Navy  
 Robert C. Tempesta, Master at Arms  
 1st Class U.S. Navy  
 PFC Derick Thomas, USMC

### PRAYER FOR OUR TROOPS

Lord, hold our troops in your loving hands.  
 Protect them as they protect us.  
 Bless them and their families  
 for the selfless acts they perform  
 for us in our time of need.  
 And give us peace.  
 I ask this in the name of Jesus,  
 Our Lord and Savior. Amen

*Kindly call the Rectory Office at 766-0205 if you know  
 of anyone that is on this list and has returned home.*

## Devotions



**Eucharistic Adoration** is the traditional Catholic practice of taking the consecrated host, the Blessed Sacrament, and placing it in a sun-shaped vessel called a Monstrance in order for the faithful to look upon Our Lord and pray to Him in peaceful contemplation. You are invited to join us **every Monday, Wednesday and Friday following the 12:10 p.m. Mass until Benediction 6:00 p.m. in the Adoration Chapel accessible through the side door on Clinton Avenue (unless otherwise noted)**

**The Rosary** is prayed after the 9:00 a.m. Mass each Monday through Friday in the Cathedral except on Saturdays when it is prayed after the 8:00 a.m. Mass.



## STEWARDSHIP

### *A Way of Life Stewardship Reflection*

In today's Gospel, we hear the story of the Transfiguration.

### *Living Stewardship . . . Pillar of Prayer*

The Transfiguration appears in the Rosary as the 4th Luminous Mystery. This Lent, take up praying the Rosary as a daily spiritual practice, you'll be happy you did.

### *Sharing One's Material Resources in the Parish*

#### WEEKLY OFFERINGS

The weekly collection totals were not available prior to bulletin printing. Totals will return in next weekend's bulletin.

### Pregnant? Need help?



24 hour Helpline  
 1-800-550-4900;  
[birthright.org/wantagh](http://birthright.org/wantagh)

(516) 798-8746  
[lifecenterli.org](http://lifecenterli.org)

## MASSES FOR THE WEEK

**Monday, March 2, Lenten Weekday**

*Dn 9:4b-10; Lk 6:36-38*

- 6:30 Rev. John DeCelle (Living)
- 8:00 Johnny McNerney & John Grabow
- 12:10 William F. Rea

**Tuesday, March 3, St. Katharine Drexel, Virgin**

*Is 1:10, 16-20; Mt 23:1-12*

- 6:30 Rev. Edward Horkan (Living)
- 8:00 Cathy Hammill (Living)
- 12:10 Margaret "Peggy" Rohan
- 7:30 Special Intentions

**Wednesday, March 4, St. Casimir**

*Jer 18:18-20; Mt 20:17-28*

- 6:30 Patrick Mullen
- 8:00 John Racos
- 12:10 Florence Facibene

**Thursday, March 5, Lenten Weekday**

*Jer 17:5-10; Lk 16:19-31*

- 6:30 Rev. Joseph Bergida (Living)
- 8:00 James Armellino
- 12:10 Thomas Murphy, III

**Friday, March 6, Lenten Weekday**

*Gn 37:3-4, 12-13a, 17b-28a; Mt 21:33-43, 45-56*

- 6:30 John Fenton Slade
- 8:00 Joseph Montemarano
- 12:10 Joyce Schaefer (Living)

**Saturday, March 7, St. Perpetua & Felicity, Martyrs**

*Mi 7:14-15, 18-20; Lk 15:1-3, 11-32*

- 8:00 Friends & Family of Steven McDonald
- 5:00 Lucille DeMartini, Patrick Brady,  
Nancy Pellegrino, Antonino Pellegrino,  
Winnie Kilcar
- 7:30 C Yunni Rojas
- 7:30 LH Vicki Ronga

**Sunday, March 8, Third Sunday of Lent**

*Ex 17:3-7; Rom 5:1-2, 5-8; Jn 4:5-42*

- 7:00 The Parishioners of St. Agnes Cathedral
- 8:00 Patrick Izzo
- 9:30 Devin Hamilton
- 10:30 LH Philip John Mooney
- 11:00 Morgan O'Neill
- 12:30 Stephanie Celich, Tara Moran,  
Ricardo Enrique Gibbs (Living),  
Walter C. Newman, Jr., Saveria Audiffred
- 5:00 Margaret Mary Fusco

## PLEASE PRAY



*For The Faithful Departed*

John R. Hubbell, Maria Stella Franzese,  
Sheila O'Connell, Elizabeth A. Scott,  
Eileen Allgeier

*For The Sick*

Greg Franco, Cloe Mirro Giovingo, Pam Toy,  
Lucille Arzano, Wayne Lipton, Sr. Kathleen Murphy,  
Jeffrey Alan Bower, Louise Washington, Anthony  
Ventrice, Jennifer Duffy, Thomas Kelly, Bob Toy,  
Maggie Goodwin, Sr. Helen Byrne, Jack Prophet,  
Vera Davis, Frances Katon-Donnegal, Balestrieri Family,  
David Sylvester Seal, Ron La Grega, Barbara Magloire,  
Akosua Cobb, Marie Poggelli, Gilbert Otano,  
Joseph Murphy, Barbara Rotunno, Tania Smith,  
Joseph Mariani, Jeffrey Buxton, Thomas Hayes, Jr.,  
Susan Kowalski, Maria McDonald, Stephanie Ramos,  
Lisa Pelrine-Shulman

Sick Names for the bulletin remain for three weeks unless the Rectory is notified for an extension. Please note that requests should come from the family and the person must give permission to be listed.

## Pray for Vocations

We pray for an increase in vocations to the priesthood and religious life, especially from among the people of our parish and the children of our schools.

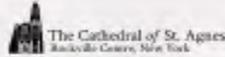


**Discerning a Vocation to the Priesthood?**

**Contact: [vocations@drcv.org](mailto:vocations@drcv.org)**

## Special Needs Mass

We will celebrate a Mass for special needs children, and their families on **Saturday, March 14th** at 5:00 p.m. in the Lower Hall of the Monsignor Melton Auditorium. This area is handicapped accessible, allowing families with children, who have developmental disabilities, access to the Lower Hall to celebrate God's presence in their lives.



# LENT AT SAINT AGNES

Lent is more than giving something up, it is an invitation to go deeper with the Lord. For 40 days, we are called to step away from routine and draw closer to Him through prayer, fasting, and almsgiving. Consider committing to one of the spiritual opportunities below as a way to grow closer to Christ this season:

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## **DAILY MASS**

6:30AM, 8:00AM, 12:10PM

## **CONFESSIONS**

MON-THURS AFTER THE 6:30AM MASS  
FRI AFTER THE 6:30AM AND 12:10PM MASSES  
SAT & SUNDAY AT 4PM

## **ADORATION**

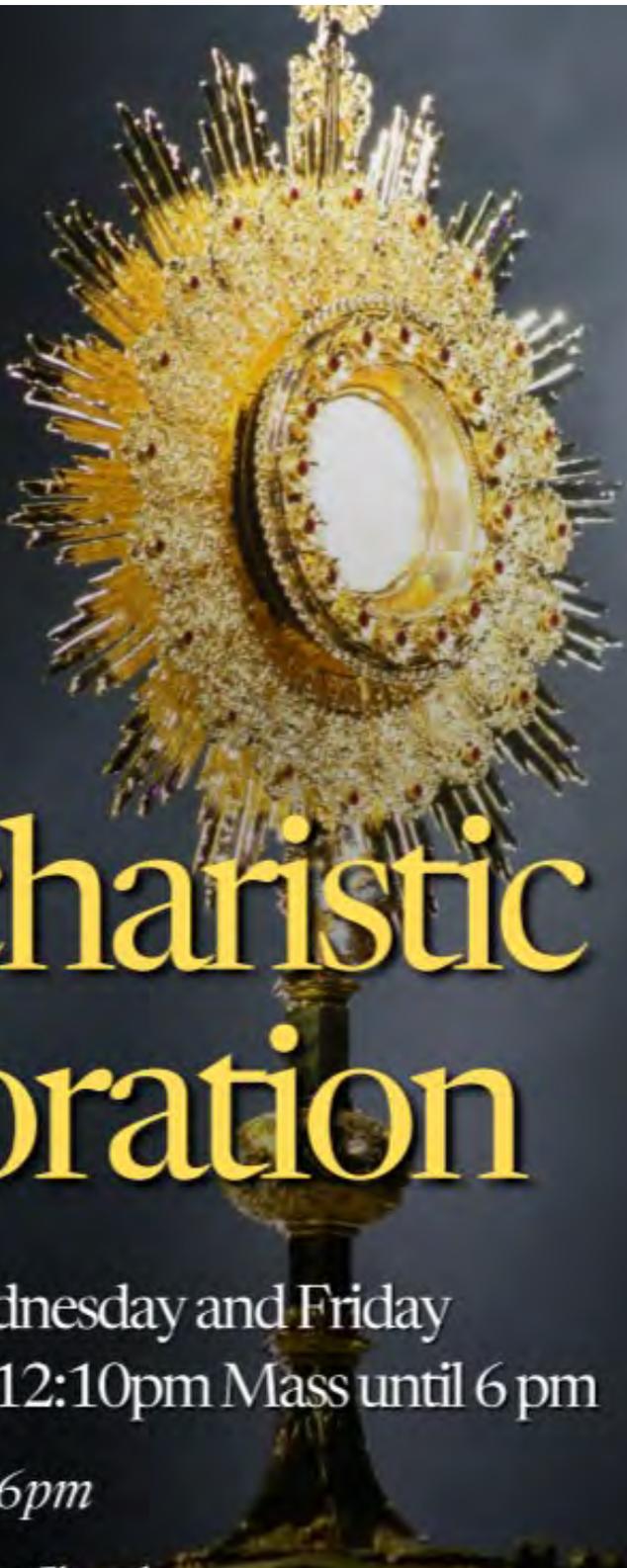
MON, WED, FRI AFTER THE 12:10PM MASS,  
WITH BENEDICTION AT 6PM IN THE ADORATION  
CHAPEL

## **STATIONS OF THE CROSS**

EACH FRIDAY DURING LENT AT 7:30PM

## **LENTEN MISSION**

MARCH 2-4 AT 7:30PM, LED BY MSGR. CHARLES FINK



# Eucharistic Adoration

Monday, Wednesday and Friday  
following the 12:10pm Mass until 6 pm

*Benediction at 6pm*

Location: Adoration Chapel  
accessible through the side door on Clinton Ave.

Scan to  
Commit an Hour





The Cathedral of St. Agnes  
Rockville Centre, New York

# Lenten Mission

March 2-4 • 7:30 pm  
St. Agnes Cathedral  
*Three Nights of  
Lenten Reflections and  
Eucharistic Adoration*

## “Lent and Life as a Desert Journey to the Promised Land”

**March 2<sup>nd</sup>**

The Challenge of the Journey

**March 3<sup>rd</sup>**

*Tools for the Journey*

**March 4<sup>th</sup>**

Trusting Our Companion on  
the Journey

Christ in the Wilderness by Marcetto da Brescia



### Monsignor Charles Fink

Msgr. Fink is a priest of the Roman Catholic Diocese of Rockville Centre, a Vietnam veteran, and a convert to the Catholic faith. For nearly 50 years, he served as a pastor, seminary spiritual director, and rector, forming parishes and future priests alike. Now retired, he resides at Notre Dame Roman Catholic Church in New Hyde Park.

LENT

# STATIONS OF THE CROSS

Fridays at 7:30PM  
in the Cathedral



St. Agnes Cathedral

# HOSPITALITY SUNDAY

Sunday, March 1, 2026



Join us after the 8:00am, 9:30am, & 10:30am Masses for coffee, juice, and bagels.



St. Agnes Cathedral  
29 Quealy Pl, Rockville Centre NY 11570  
[stagnescathedral.org](http://stagnescathedral.org)



## Principal's Announcements

### Second Sunday of Lent



### The Transfiguration

We tend to believe good times will last forever. Just look at what happened before the Great Depression. While it's nice to be optimistic in that respect, we tend to worry that the bad times will last forever as well. The truth is that life is a series of contrasts mountaintop experiences followed by deep valleys.

This week's Gospel, about the Transfiguration, clearly shows us that we all live amid contrasts. The disciples are so excited by what they have witnessed that they want to build tents to commemorate the event, and then, almost immediately, they are nearly paralyzed by fear. The same is true for us, especially when it comes to our faith. At times we have bright moments when all seems so clear and obvious, and then we begin to experience doubts and uncertainty. Sometimes it even seems as if God himself has withdrawn from us.

We must not be surprised by these contrasting experiences, but instead we should use this week's reading as preparation for what we will do when the contrasts occur. For us, as for Abraham in the first reading, the disciples, and all who have gone before us in faith, it is only when we listen attentively to God's beloved Son that we will have the courage and grace to deal with all that life is sure to hand us.

This week grades 5 and 6 will receive the Sacrament of Reconciliation.

The second trimester ends on **Friday, March 6th**. At that time, the Parent Portal and email notifications will be temporarily disabled to allow teachers to prepare their students' report cards.

**Teacher Reacher** will open next **Sunday, March 8th** for Parent-Teacher Conference scheduling. As a reminder, please ensure your child's tuition account is up to date.

Peace and blessings to you and your families this 2nd Sunday of Lent.

*Mrs. Cecilia St. John*  
Principal



**ROMEO  
(Retired Old  
Men Eating Out)**

Are you a ROMEO?

We are a group of St. Agnes parishioners that gather for lunch, story-telling and conversation every 3 months.

Please join us and meet some of your fellow parishioners. All men are invited - it is not a prerequisite to be old and/or retired. Our next luncheon will be Thursday, March 5th, 2026 at 12 Noon, at MacArthur Park Restaurant on North Park Avenue, Rockville Centre (\$32 per person). Take a bold step and join us for 2 hours of comradery; and bring a friend.

Please RSVP by Tuesday, March 3rd to Tom Nofi via phone/text: (516)784-6046 or via email: [tomrvnc@gmail.com](mailto:tomrvnc@gmail.com), so we have a headcount for the restaurant.

We hope to see you then.

**Suicide Prevention Resources**

Suicide is a major public health problem and a leading cause of death in the United States. The effects of suicide go beyond the person who acts to take his or her life: it can have a lasting effect on family, friends and communities. If you are thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

National Suicide Prevention Lifeline:  
988 Suicide Crisis Lifeline - Call. Text. Chat.  
<https://988lifeline.org>

**Saint Agnes Cathedral Parish  
Widow and Widowers' Bereavement Group**

If you have experienced the loss of a spouse/partner, it is helpful to be supported by others who have gone through a similar event in their own life. Knowing that you are not alone helps to ease your grief journey. Saint Agnes Cathedral Bereavement Group will be starting their Spring meetings on Tuesday, April 7, from 7:00 p.m. - 8:15 p.m. We will meet once a week, on Tuesdays, for eight weeks. If interested in joining, or if you need more information, please contact the Parish Social Ministry Outreach office at 516-678-1854 or email us at [eramirez@stagnescathedral.org](mailto:eramirez@stagnescathedral.org)

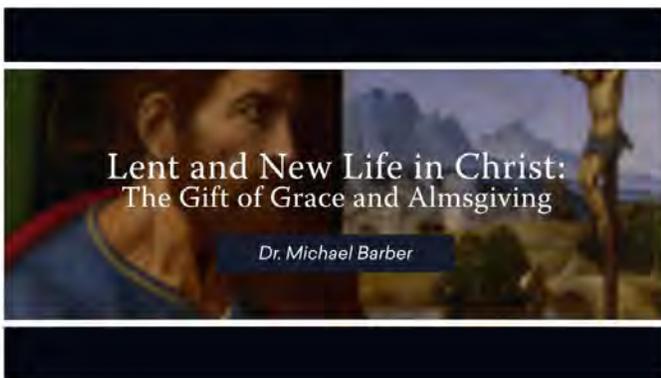
**St. Monica Parents Intercession  
Prayer Group**



The St. Monica Parents Intercession Prayer Group meets on the first and third Thursday of each month at 7:30 p.m. in the Holy Cross Chapel, located in the Parish Ministries building. Our next meeting will be on **March 5th**. For more information call Mary at (516) 375-0738.

**Senior Club Meeting**

The February meeting will be on Thursday, March 5th at 1:00 p.m. to 3:00 p.m. in the Msgr. James P. Kelly Parish Center. As in years past we will have the fabulous Irish Step Dancers for our March meeting, also there will be discussions on Divine Mercy Sunday. ALL are welcome.



**Lent and New Life in Christ: The Gift of Grace**

What is the importance of almsgiving? Dr. Michael Barber discusses the transformative power of almsgiving for your life.

Our parish has a free Formed subscription for you! Simply scan the QR code or visit [formed.org/signup](https://formed.org/signup) to create your account and select our parish to get free access to this content and much more!



- To create a FORMED account:**
1. Visit FORMED.ORG
  2. Click SIGN UP
  3. Select "I Belong to a Parish or Organization:

4. Find the parish by name (St. Agnes Cathedral) or Zip (11570)
5. Enter your email and you're in (There is no cost to use FORMED.)

## PARISH OUTREACH



Parish Social Ministry/ Outreach assist those living within the St. Agnes Cathedral Parish boundaries who are experiencing difficulties.

The Parish Social Ministry Outreach is open Monday to Thursday from 9am to 1pm. Please call us to schedule an appointment 516-678-1854 or email us [outreach@stagnescathedral.org](mailto:outreach@stagnescathedral.org)

This week's most needed items:

Milk, Parmalat milk, Eggs, yogurt, cereal, butter, cookies, Spaghetti Sauce in jars, Spaghetti, pasta, canned Soups, canned vegetables, 18 oz. grape jelly, 16.3 oz. peanut butter, canned chicken breast, tuna, pork & beans, beans, Coffee (10-13 oz), 1 pound rice, napkins, cooking oil, paper towels,  
In addition: Toiletry items i.e. shampoo, soap, toothpaste, deodorant, and dish detergent.

We will gladly accept donations between the hours of 9:00 a.m. and 3:00 p.m. Monday through Friday except for holidays. *Please do not leave any donations on the porch outside the Outreach office when the office is closed.*

We are accepting winter and spring clothing only.

## Religious Education

Welcome to Week 22 of the 2025-2026

In-Person Classes (Grades 2-7) meet this week on Tuesday, March 3rd, Wednesday, March 5th, and Thursday, March 6th. Grades 2 - 5 meet from 4:30 - 5:30 p.m., and Grades 6 - 7 meet from 6:00 - 7:00 p.m.

Online Learning (Grades 3-6) - All online students should now be working on Week 22 of their assignments.

Grade 1 Program - We look forward to seeing the first-grade students in March on Sunday, the 8<sup>th</sup> and 22<sup>nd</sup>.

Grade 8 - Confirmation practice is on Thursday, March 5<sup>th</sup>, for those making their Confirmation on Saturday, March 7<sup>th</sup>.

The last Parent Session for the year is on Thursday, March 19<sup>th</sup>, at 7:30 pm.

Please join the Parish during Lent on Friday evenings at 7:30 pm in the Cathedral for Stations of the Cross. This Sunday, we celebrate the Second Sunday of Lent. Families are encouraged to talk together about how they can live Lent more fully. Consider praying together, helping someone in need, or choosing something small to give up as a reminder of God's love.

We're grateful for your continued support and look forward to another meaningful week of learning and faith!

Blessings, Anne Nelson



**Society of St. Vincent de Paul**  
**St. Agnes Cathedral**  
**Conference**



**We Help People!**

We hope you and your families have been able to stay warm during these frigid days and nights. This weather is especially challenging for our elderly and homebound neighbors, and we encourage everyone to check in on those who may need a helping hand or a bit of companionship. If we can be of assistance in any way, please call the Rectory at 516-766-0205, and a member of our team will respond.

2026 has already been a busy year for our St. Agnes St. Vincent de Paul Conference. Recently, we had the privilege of supporting a family with five children who lost all of their belongings in a house fire. Thanks to the generosity of so many of you, we were able to provide furniture, beds, and other essential items to help them begin again.

As always, thank you for everything you do to make Rockville Centre the caring and compassionate community we are proud to call home.

## Weekly Bible Study



Please join us for Bible study beginning on Wednesday's, at 9:45-11:00 a.m. in the Youth Room of the Ministry Building. We will be studying Books of Jeremiah, Lamentations and Daniel. For those unable to join us in person, please join us on Zoom. Zoom ID: 79101167157

Zoom password: XSS6Ky For any questions please contact Ed Lambert 516-766-1505 or email Ed at [ed11570@aol.com](mailto:ed11570@aol.com)

JOIN OUR EXCITING

# St. Agnes

## Fathers Club

### SUPER RAFFLE

**\$100 per ticket - Only 300  
Tickets Sold!**

Grand Prize: \$10,000

Second Prize: \$3,000

Third Prize: \$1,000



***Drawing to be held on or before Thursday,  
May 21, 2026 - You do not need to be present to win.***

**SCAN THE QR CODE  
TO PURCHASE A TICKET**



*or visit*

*stagnesfathersclub.org/raffle or mail in the tear off below.*

Name: \_\_\_\_\_ #Tickets \_\_\_\_\_ x\$100= \_\_\_\_\_

Address \_\_\_\_\_ E-Mail \_\_\_\_\_ Cell# \_\_\_\_\_

Please make checks payable to: St. Agnes Father's Club

Please return this form to: David Kovalich

125 Andover Road, Rockville Centre, New York 11570

**ALL PROCEEDS BENEFIT THE CHILDREN OF  
ST. AGNES CATHEDRAL SCHOOL!**

# Shake off the Winter Doldrums! Get involved in Music Ministry

There are many opportunities to get involved in  
St. Agnes Music Ministry!

**Sunday: 10:30 AM Lower Hall:** High School, College,  
Young Adult Singers are Needed!

**Cathedral Choirs!**

**Adult and Advanced Teen Choir**– we always welcome new members!

Previous Choir Singing Experience preferred.

**Boys and Girls Choirs:** grade 3-12. If you can sing, we'll train you!

Teen Boys, Dads, and Adult Men also sing with the Boys Choir.

**Diocesan Boys and Teens Choir:** Grade 3-12. Less commitment and  
Available to students from ALL over the Diocese.

**Children's Choir:** Grades 1-2, boys and girls.

**Schola Cantorum:** Adult and Advanced Teens with outstanding  
choir singing background.

**Master Chorale 2013:** Highest Level  
Choir Singing– Background is required.

Please contact Michael Bower ([mbower@stagnescathedral.org](mailto:mbower@stagnescathedral.org))

or Maura Goodwin ([mgoodwin@stagnescathedral.org](mailto:mgoodwin@stagnescathedral.org))

for more information on how you can get involved!

Thank you in advance for your interest in  
giving of your time and talent, and having fun singing,  
and being part of our groups!

Music Office: 764-9578 ext. 203 or ext. 202

# WHAT WILL YOU DO FOR LENT? *Come as you are.*

**YOU ARE WELCOME HERE**

Forget the chocolate this Lent.

Instead, accompany Jesus and walk alongside Him through His Passion in John's Gospel.

Do you find it hard to feel close to Christ because you just don't know Him very well? Perhaps you already feel close to Him but would like a deeper relationship with Jesus.

*"If you want to be restored... We need to stop running." – Lisa Brenninkmeyer*

Walking with Purpose invites **NEW** women to participate in a 5 week **LENTEN BIBLE STUDY: Touching the Divine**. Enjoy spending time in the Gospel of John—reading Jesus' actual words and focusing entirely on Him.

Join us for coffee and meaningful conversation as we discover our new identity in Christ, our Redeemer & Restorer.

Thursdays (2/26 through 3/26)  
@12:45-2:30pm

Ministry Building, Youth Rm

Register via QR Code or for  
more information, contact:

[wwpstags@gmail.com](mailto:wwpstags@gmail.com)

Our mission is to help every Catholic woman encounter Jesus Christ through our Bible studies.



walking with purpose

[www.walkingwithpurpose.com](http://www.walkingwithpurpose.com)



# SHAMROCK BREAKFAST

**AT BACKYARD PLAYERS & FRIENDS**  
215 N LONG BEACH RD, ROCKVILLE CENTRE

**MARCH 8, 2026**

**9AM TO 1PM**

(NO RESERVATIONS REQUIRED)

**\$15 PER ADULT / \$5 PER CHILD**

FUNDS RAISED TO BENEFIT THE 2026 PARADE CHARITIES



# 40 DAYS OF LENT

## COUNTDOWN ACTIVITIES FOR KIDS

1 SMILE AT SOMEONE WHO LOOKS SAD.

2 SHARE YOUR FAVORITE BOOK WITH A FRIEND.

3 HOLD THE DOOR OPEN FOR SOMEONE.

4 SAY "THANK YOU" TO A PARENT.

5 SEND A KIND NOTE TO A FRIEND.

6 CLEAN UP WITHOUT BEING ASKED.

7 PICK UP LITTER AT A PARK.

8 OFFER TO HELP WITH A CHORE.

9 SAY SOMETHING NICE TO A STRANGER.

10 GIVE AWAY AN OLD TOY YOU DON'T NEED.

11 BAKE COOKIES FOR A NEIGHBOR.

12 THANK GOD FOR SOMETHING NEW.

13 GIVE A HUG TO SOMEONE YOU LOVE.

14 GIVE A COMPLIMENT TO SOMEONE.

15 SHARE YOUR SNACK WITH A FRIEND.

16 OFFER TO WATER A NEIGHBOR'S PLANTS.

17 CALL OR VIDEO CHAT WITH A RELATIVE.

18 SHARE A FAVORITE SONG WITH SOMEONE WHO MIGHT LIKE IT.

19 PICK UP TRASH AT THE PARK.

20 HELP A SIBLING MAKE THEIR BED.

21 DRAW A PICTURE FOR SOMEONE WHO IS SICK.

22 GIVE A COMPLIMENT TO A TEACHER.

23 MAKE A "THINKING OF YOU" CARD FOR SOMEONE.

24 HELP SOMEONE TIE THEIR SHOES.

25 GO ON A WALK WITH YOUR FAMILY.

26 DONATE SOME OF YOUR MONEY TO CHARITY.

27 OFFER TO PLAY WITH SOMEONE WHO IS ALONE.

28 WRITE A LETTER TO A FIRST RESPONDER.

29 FIND SOMETHING YOU CAN RECYCLE.

30 HELP CLEAN UP A MESS AT SCHOOL.

31 PLANT A SEED AND WATCH IT GROW.

32 HELP PREPARE A MEAL.

33 GIVE FLOWERS TO SOMEONE.

34 HELP SET THE TABLE FOR DINNER.

35 HELP YOUR PARENTS CLEAN THE CAR.

36 READ A BOOK TO SOMEONE YOU LOVE.

37 OFFER TO SWEEP THE FLOOR OR VACUUM A ROOM.

38 TAKE OUT THE TRASH OR RECYCLING.

39 HELP ORGANIZE OR CLEAN UP A SHARED SPACE.

40 SAY A PRAYER FOR YOUR FAMILY AND FRIENDS.



# COMUNIDAD HISPANA

## LA CATEDRAL DE SANTA INÉS

MISAS EN ESPAÑOL, Sábado -  
a las 7.30pm (Misa del Domingo)

Martes - a las 7.30pm (comenzando con el Rosario  
y confesión a las 7.00pm)

En nuestro camino cuaresmal, no nos olvidamos de pedir a Dios que esta Eucaristía nos prepare a celebrar dignamente las fiestas pascales.

Hoy la liturgia nos hace una solicitud especial respecto a Jesús: Escuchadl. Pidamos a Dios quite de nosotros toda perturbación que nos impida escuchar su voz.

Hermanos, comenzamos a escuchar la Palabra de Dios. El relato de la vocación de Abrahán que encontramos en el libro del Génesis nos presenta al patriarca dejando su tierra y emprendiendo un largo viaje hacia una tierra prometida por Dios. El salmo recoge expresiones de confianza que muy bien podrían haberle acompañado durante la ruta. La escena evangélica de la transfiguración confirma la vocación de Jesús como Hijo amado de Dios e invita a los discípulos a que lo escuchen y le sigan en el camino hacia la Pascua. Pablo subraya que la fidelidad a esta "vocación santa", no exenta de dificultades, no es obra nuestra, sino fruto de la gracia que se ha manifestado en Jesucristo.

El pasaje del evangelio nos traslada a la cima del monte Tabor para contemplar allí la gloria del Jesús transfigurado, en presencia de sus tres discípulos más cercanos, Pedro, Santiago y Juan, a quienes les permitió contemplar su gloria.

## LOS SACRAMENTOS *PENITENCIA/CONFESIÓN*

Todos los martes a las 7pm de la tarde antes de la Misa a las 7.30 p.m

### *BAUTISMO*

El tercer Sábado de cada mes a las 6:30 p.m. Hay que comunicarse con la oficina de la rectoría para la entrevista. Se puede llenar el formulario por la web de la parroquia. Los padrinos deben ser católicos, bautizados que han hecho su primera comunión y la confirmación. Si son parejas, tienen que haberse casado por la iglesia.

### *MATRIMONIO*

Los que quieren casarse por la iglesia deben contactarnos con 12 meses de anticipación, hay que llamar la rectoría para citar la entrevista con el sacerdote y obtener más informaciones. La pre-cana es obligatoria.

### *ACTIVIDADES*

Tenemos la adoración Eucarística el primer Martes de cada mes en la catedral despues de la Misa de las 7.30pm.

Movimiento de Cursillos de Cristiandad tiene su reunión todos los sábados después de la misa en el sótano de la sacristía.

Grupo de Oración (Carismático) tiene su oración del grupo todos los miércoles en el Lower Hall a las 7.00 p.m.

Para inscribir las intenciones de difuntos en la Misa de los Sábados a las 7:30 p.m. y Martes 7:30 p.m. ir a la oficina de la rectoría. Se abrirá espacio para 5 intenciones en cada Misa.

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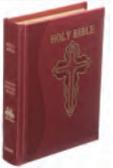
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