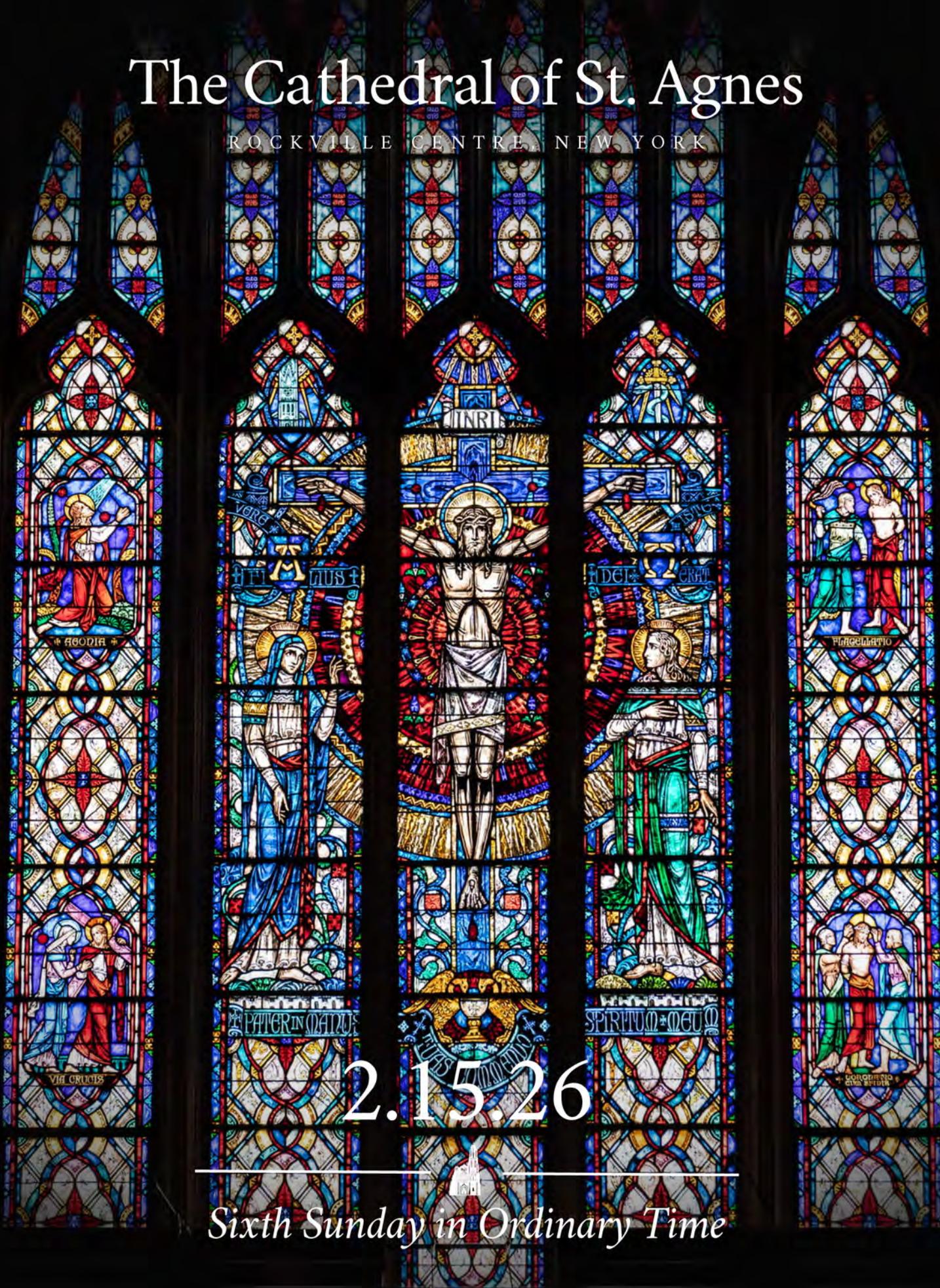


The Cathedral of St. Agnes

ROCKVILLE CENTRE, NEW YORK



2.15.26



Sixth Sunday in Ordinary Time

HOLY MASS

SUNDAY

7AM, 8AM, 9:30AM (*Family Mass*),
10:30AM (*Lower Hall, Family Mass*)
11AM, 12:30PM, 5PM

SATURDAY

8AM, 5PM, 7:30PM (*Lower Hall*)
7:30PM (*Spanish*)

WEEKDAYS (Monday-Friday)

6:30AM, 8AM, 12:10PM

HOLY DAYS

Eve of Holy Day: 5PM, 7:30PM (*Spanish*)
Holy Day: 6:30AM, 7:45AM, 9:00AM, 12:10PM, 7:30PM

OUR PARISH

29 Quealy Place, Rockville Centre, NY 11570

CLERGY

Bishop

Most Reverend John O. Barres, D.D., S.T.D., J.C.L.

Rector

Very Rev. Michael F. Duffy

Associate Pastors

Rev. Christopher Heller
Rev. Michael Ngoka, C.M.

In Residence

Rev. Lachlan Cameron, S.T.L.

Weekend Assistants

Rev. Emmanuel Nwogu, *Comunidad Hispana*
Rev. Patrick Flanagan, C.M.
Very Rev. James Kuroly

STAFF

Religious Education

Anne Nelson, *Administrator*
anelson@stagnescathedral.org (516) 678-2306

Outreach

Elizabeth Ramirez
(516) 678-1856

Music

Michael Bower, *Director*
Maura Goodwin, *Associate Director*
(516) 764-9578

Facilities Manager

Patrick O'Brien

FOCUS Parish Missionary

Tara Lauderdale

SCHOOL

70 Clinton Avenue, Rockville Centre, NY 11570
Phone: (516) 678-5550 | Fax: 516-678-0437

Cecilia St. John, *Principal*
Mary Brower, *Assistant Principal*

OFFICE HOURS

Rectory

Monday - Thursday: 8:30am - 8:00pm
Friday: 8:30am to 4:00pm
Saturday: 10:00am to 2:00pm
Sunday: Closed
Emergencies anytime

*Religious Education**

Tuesday - Thursday: 10 a.m. - 4 p.m.

*Outreach**

Monday - Friday 9:00 a.m. - 3:30 p.m.

*Offices located in the Parish Ministry Building
(corner of N. Village Ave and Quealy Pl)

CATHEDRAL HOURS

The Cathedral is open for prayer
daily from 6:00 a.m. to 8:00 p.m.

SACRAMENTS

Confession

Saturday & Sunday: 4:00 pm to 4:45 pm
Monday – Friday: Following the 6:30 am Mass
Friday: Following the 12:10 pm Mass

Baptism

Once a month on Saturday at 12:30 p.m. and on the 2nd and 4th Sunday of the month at 1:45 p.m. Contact the Rectory Office to arrange for interview, ceremony and registration for required Baptism Preparation Class (for first time parents). Spanish Baptisms take place before the 7:30 p.m. Spanish Mass on Saturday evening. Please call the Rectory Office for more information.

Marriage

Arrangements should be made at least 12 months in advance and prior to making reception plans. Call the Rectory for an appointment with the priest you wish to witness your wedding. All couples are required to attend Pre-Cana.

Pastoral Care of the Sick

Priests and Extraordinary Ministers of Communion are available to bring Holy Communion to parishioners confined to home. Please call the Rectory Office to make arrangements. Those who are seriously ill should request a priest for Anointing of the Sick.

Visit the Sacraments page at www.stagnescathedral.org for more information.



LIVE STREAM REQUEST

We are now able to stream personal services such as weddings and funerals.
For more information, please call the rectory at (516) 766-0205.



STAY CONNECTED



www.stagnescathedral.org



@stagnescathedral



@stagnescathedral



The Cathedral of St. Agnes

Unable to join us for Mass? Tune in on  LIVE

The Roman Catholic Cathedral for the Diocese of Rockville Centre

LET US PRAY FOR OUR MILITARY

Lance Corporal Ryan Thomas Albergo, USMC
 Spc. Liam Atwell, U.S. Army
 Capt. Robert L. Betts, U.S. Navy
 CDR Maura C. Garrity-Betts, U.S. Navy
 Lance Corporal Ryan Brower, USMC
 Lt. Gabby Busching, U.S. Coast Guard
 Lt. Joseph Busching, U.S. Coast Guard
 Sgt. Lucas Camacho, USMC
 1st Lt. Paul D. Cammarota, USMC
 Lt. Scott Kiley Childers, U.S. Navy
 LCDR Richard Childers, M.D. U.S. Navy
 Lt. JG Julia Coughlin, U.S. Navy
 Lt. Greg Crescenzo, U.S. Navy
 Airman Michael Cummo, U.S. Navy
 Maj. Richard Davin, Jr., Air National Guard
 LCDR Christopher DelBello, U.S. Navy
 Chief Petty Officer Robert W. DeMattia, U.S. Navy
 Lance Corporal Trevor Donohue, USMC
 Lt. J.G. Jack Doyle, U.S. Navy
 Lt. J.G. Kevin Doyle, U.S. Navy
 Michael Espada, 2nd Class Petty Officer, MR2
 Daniel Fels, U.S. Army, Military Police
 Lt. Brendan J. Fisk, U.S. Navy
 Lt. Daniel R. Fisk, U.S. Navy
 2nd Lt. Charles Flanagan, U. S. Army
 A.M.T 3, Kyle Forster, U.S. Coast Guard
 Capt. Steven Hampson, U.S. Army
 Capt. Cody Hardenburgh USMC
 Pvt. Daniel Healey, U.S. Army
 2nd Class Petty Officer, Robert Hock, U.S. Navy
 1st Lt. Tynika Holland, U.S. Army
 Maj. Philip F. Johndrow, U.S. Army
 Lt. Kieran McCarthy, U.S. Navy
 Lance Corporal Aidan Patrick McNamara, USMC
 Lance Corporal Jason Maccaron, USMC
 Cpl. James Thomas Maroney, USMC
 Lt. Andrew Maza, USAF
 Sgt. Joseph Meyer, U.S. Army
 Col. Christopher V. Meyers, USMC
 Lt. Col. Gregory John Mueller, USMC (Reserve)
 Stephan O'Connor, E-5, U.S. Navy
 Matthew Pacheco, U.S. Army
 Ensign John A. Petr, US Navy
 Pvt. Ray P. Rodriguez, U.S. Army
 Spc. James Rodziewicz, U.S. Army
 Lance Corporal Eric Roehrig, USMC
 Spc. Jeanine M. Rosa, U.S. Army
 Thomas Sullivan, U. S. Army
 Alec Swoger, MMN3 Nuclear Operator, U.S. Navy
 Robert C. Tempesta, Master at Arms
 1st Class U.S. Navy
 PFC Derick Thomas, USMC

PRAYER FOR OUR TROOPS

Lord, hold our troops in your loving hands.
 Protect them as they protect us.
 Bless them and their families
 for the selfless acts they perform
 for us in our time of need.
 And give us peace.
 I ask this in the name of Jesus,
 Our Lord and Savior. Amen

Kindly call the Rectory Office at 766-0205 if you know of anyone that is on this list and has returned home.

Devotions



Eucharistic Adoration is the traditional Catholic practice of taking the consecrated host, the Blessed Sacrament, and placing it in a sun-shaped vessel called a Monstrance in order for the faithful to look upon Our Lord and pray to Him in peaceful contemplation. You are invited to join us every Monday, Wednesday and Friday following the 12:10 p.m. Mass until Benediction 6:00 p.m. in the Adoration Chapel accessible through the side door on Clinton Avenue (unless otherwise noted)

The Rosary is prayed after the 9:00 a.m. Mass each Monday through Friday in the Cathedral except on Saturdays when it is prayed after the 8:00 a.m. Mass.



STEWARDSHIP *A Way of Life* Stewardship Reflection

In today's Gospel we are taught by Jesus how to live.

Living Stewardship . . . Pillar of Service

What is one thing you could do this week to be at service to God and neighbor? Whatever you do, offer it up to give glory to God.

Sharing One's Material Resources in the Parish

WEEKLY OFFERINGS

| | 2/8/2026 | 2/9/2025 | 2/11/2024 |
|-------------------|----------|----------|-----------|
| Weekly Collection | \$36,760 | \$29,279 | \$35,133 |

Pregnant? Need help?



24 hour Helpline
 1-800-550-4900;
birthright.org/wantagh

(516) 798-8746
lifecenterli.org

MASSES FOR THE WEEK

Monday, February 16, Weekday

Jas 1:1-11; Mk 8:11-13

- 6:30 Mary Savino
8:00 Rosemary Donohue
12:10 Robert Hennig, Sr.

Tuesday, February 17, The Seven Holy Founders of the Servite Order

Jas 1:12-18; Mk 8:14-21

- 6:30 Otto & Bertha Zoeller
8:00 Helen & Francis Collins
12:10 Maureen Ferragamo
7:30 Special Intentions

Wednesday, February 18, Ash Wednesday

Jl 2:12-18; 2 Cor 5:20-6:2; Mt 6:1-6, 16-18

- 6:30 Ellen Lucas
8:00 Constancio Villarín, Jr. (Living)
12:10 James Werner

Thursday, February 19, Thursday after Ash Wednesday

Dt 30:15-20; Lk 9:22-25

- 6:30 Bob Waterhouse
8:00 Jeanne Buckley Tiedemann
12:10 Barbara S. Hess

Friday, February 20, Friday after Ash Wednesday

Is 58:1-9a; Mt 9:14-15

- 6:30 Alba Garavito & Belarmina Pelaez
8:00 Connie & Eugene Dalessio
12:10 McCutchen Sisters

Saturday, February 21, St. Peter Damian, Bishop & Doctor of the Church

Is 58:9b-14; Lk 5:27-32

- 8:00 Ronald Bean
5:00 Joseph Marmorale, Patrick Jonathan Molloy,
Donna Cafiero, JoAnn Stepnick Herr
Francis Joseph "Frank" Conklin, Sr.
5:00 LH Carol Ann Cummings
7:30 C Special Intentions
7:30 LH Margaret Rohan

Sunday, February 22, First Sunday of Lent

Gn 2:7-9, 3:1-7; Rom 5:12-19; Mt 4:1-11

- 7:00 Kathleen Howard
8:00 The Parishioners of St. Agnes Cathedral
9:30 Robert Vigliarolo
10:30 LH John O'Connor & William O'Connor
11:00 Julia Bumbaca
12:30 Glen Miller, Robert Powers, Mary Walker
Oscar Corona & Evangeline DeBaula,
Anne Delia Gorney
5:00 Marie McNamara

PLEASE PRAY



For The Faithful Departed

Marie Robbins, Vincenzo Badalamenti,
Sabina Morrow, Dolores M. Shrimpton,
Barbara Nilsen, Anthony Sinisi,
Susan M. Montefinise

For The Sick

Cloe Mirro Giovingo, Pam Toy, Lucille Arzano,
Wayne Lipton, Peter Ahern, Isabel Rosado,
Sr. Kathleen Murphy, Jeffrey Alan Bower,
Louise Washington, Anthony Ventrice, Jennifer Duffy,
Thomas Kelly, Bob Toy, Maggie Goodwin,
Sr. Helen Byrne, Jack Prophet, Vera Davis,
Frances Katon-Donegal, Balestrieri Family,
David Sylvester Seal, Ron La Grega, Barbara Magloire,
Akosua Cobb, Marie Poggelli, Gilbert Otano,
Joseph Murphy, Barbara Rotunno, Tania Smith,
Joseph Mariani, Jeffrey Buxton, Thomas Hayes, Jr.,
Susan Kowalski, Maria McDonald, Stephanie Ramos,
Lisa Pelrine-Shulman

Sick Names for the bulletin remain for three weeks unless the Rectory is notified for an extension. Please note that requests should come from the family and the person must give permission to be listed.

LEFTOVER PALM



We will be collecting leftover palm from last year, please bring your palm to either the Rectory Office or drop it in the box found in the vestibule by the main doors of the Cathedral. They will be burned to make the ashes for Ash Wednesday.

Pray for Vocations

We pray for an increase in vocations to the priesthood and religious life, especially from among the people of our parish and the children of our schools.



Discerning a Vocation to the Priesthood?

Contact: vocations@drvc.org

Rectory Office Hours

The Rectory Office will be closing Monday through Friday at 4:00 p.m. for the week, we will NOT have any night time hours.



DIOCESE OF ROCKVILLE CENTRE
OFFICE OF THE BISHOP

Lent 2026

Dear Brothers and Sisters in Christ:

In this Lenten season 2026, we offer our prayer, fasting, and almsgiving for the Light of Christ's peace and justice to heal the many troubled parts of our nation and world.

Amid so many global and national crises, it is essential that we be guided and inspired by the Word of God. This Lent, let us rededicate ourselves to being deeply biblical Catholics on fire with the Word of God.¹

In Saint Paul's Second Letter to Timothy (2:8-10), the Apostle writes: "The Word of God is not bound," or as another translation renders it, "The Word of God cannot be chained."

The Church of Santa Maria in Via Lata in Rome, near to both the Trevi Fountain and the Pantheon, is traditionally taken as the site of Saint Paul's imprisonment in the Eternal City. Beneath this holy church stands an ancient, freestanding granite column that I visited and prayed at on May 17, 2024.

Etched into that ancient column is the Latin phrase for "The Word of God is not bound." The column also has rust marks indicating that a chain – possibly the one discovered archaeologically in an adjacent well – was wrapped around it.

How powerful it was to place my hands on that granite column and to touch with my fingers the words of Saint Paul! In my ecclesial mission as the Successor of the Apostles on Long Island, that memorable day I asked Saint Paul for his intercession that each one of us in the Diocese of Rockville Centre could be as bold and as audacious in proclaiming that the Word of God cannot be chained!

The Word of God cannot be chained in our own lives and in the lives of our families!

The Word of God bursts through our sin, paralyses, and resistances to change, and ignites our own Road to Damascus conversions!

The Word of God breaks down the self-imposed prison doors of addiction, ego, pride, selfishness, and narcissism, and refocuses our lives on Christ and his call to rejoice!

The Word of God cannot be chained by sin, war, terrorism, racism, injustice, poverty,² or disrespect for the sanctity and dignity of human life!

¹ See Bishop Barres' Pastoral Letter *God's Word is Living and Effective* available at www.drvc.org.

² See Pope Leo XIV's 2025 Apostolic Exhortation *Dilexit Te (On Love of the Poor)* available at www.vatican.va.

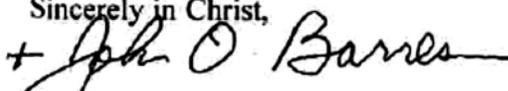
The Word of God cannot be chained by unethical deployments of Artificial Intelligence!³

The Word of God cannot be chained in the global mission of the Catholic Church, regardless of the 21st century persecutions and martyrdoms she experiences!⁴

As the Successor of the Apostles on Long Island, and in communion and mission with our Holy Father Pope Leo XIV, I thank each of you for the way you “cast fire on the earth” (Luke 12:49) through your daily reading, meditating, praying, contemplating, and living the inspired Sacred Scriptures.

Be assured of my prayers for a blessed Lent.

Sincerely in Christ,

A handwritten signature in black ink that reads "John O. Barres". The signature is written in a cursive style with a large initial "J" and a cross at the beginning.

Most Reverend John O. Barres
Bishop of Rockville Centre

³ See *Antiqua et Nova*, the Dicastery for the Doctrine of the Faith and the Dicastery for Culture and Education’s January 14, 2025, *Note on the Relationship Between Artificial Intelligence and Human Intelligence* available at www.vatican.va.

⁴ See Robert Royal, *The Martyrs of the New Millenium: The Global Persecution of Christians in the Twenty-First Century*, (New York: Sophia Institute Press, 2025).



Cuaresma 2026

Queridos hermanos y hermanas en Cristo:

En esta Cuaresma de 2026, ofrecemos nuestra oración, nuestro ayuno y nuestra limosna para que la Luz de la paz y de la justicia de Cristo sane tantas realidades heridas de nuestra nación y de nuestro mundo.

En medio de tantas crisis globales y nacionales, es esencial que nos dejemos guiar e inspirar por la Palabra de Dios. En esta Cuaresma, volvamos a comprometernos a ser católicos profundamente bíblicos, inflamados por la Palabra de Dios.¹

En la Segunda Carta de san Pablo a Timoteo (2,8-10), el Apóstol escribe: “La Palabra de Dios no está encadenada”, o como traduce otra versión: “La Palabra de Dios no puede ser encadenada”.

La iglesia de Santa María en la Via Lata, en Roma, cercana tanto a la Fontana di Trevi como al Panteón, es tradicionalmente considerada el lugar del encarcelamiento de san Pablo en la Ciudad Eterna. Bajo esta santa iglesia se alza una antigua columna de granito, independiente, que tuve ocasión de visitar y ante la cual recé el 17 de mayo de 2024.

Grabada en esa antigua columna se encuentra la frase latina que significa «La Palabra de Dios no está encadenada». La columna presenta también marcas de óxido que indican que una cadena —posiblemente la que fue descubierta arqueológicamente en un pozo cercano— estuvo enrollada en ella.

¡Qué experiencia tan sobrecogedora fue colocar mis manos sobre esa columna de granito y tocar con mis dedos las palabras de san Pablo! En mi misión eclesial como Sucesor de los Apóstoles en Long Island, aquel día inolvidable pedí la intercesión de san Pablo para que cada uno de nosotros, en la Diócesis de Rockville Centre, sea tan audaz y valiente en proclamar que la Palabra de Dios no puede ser encadenada.

¡La Palabra de Dios no puede ser encadenada en nuestra propia vida ni en la vida de nuestras familias!

¡La Palabra de Dios irrumpe a través de nuestro pecado, de nuestras parálisis y de nuestras resistencias al cambio, y enciende en nosotros auténticas conversiones en nuestro propio Camino de Damasco!

¡La Palabra de Dios derriba las puertas de las prisiones que nosotros mismos nos imponemos —la adicción, el ego, el orgullo, el egoísmo y el narcisismo— y vuelve a centrar nuestras vidas en Cristo y en su llamada a la alegría!

¡La Palabra de Dios no puede ser encadenada por el pecado, la guerra, el terrorismo, el racismo, la injusticia, la pobreza,² ni por el desprecio de la santidad y la dignidad de la vida humana!

¹ See Bishop Barres' Pastoral Letter *God's Word is Living and Effective*, available at www.drvc.org.

² See Pope Leo XIV's 2025 Apostolic Exhortation *Diletti Te (On Love of the Poor)*, available at www.vatican.va.

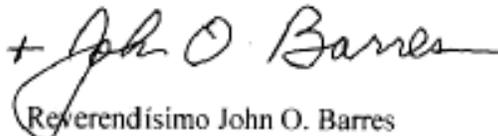
¡La Palabra de Dios no puede ser encadenada por usos no éticos de la Inteligencia Artificial!³

¡La Palabra de Dios no puede ser encadenada en la misión global de la Iglesia católica, independientemente de las persecuciones y martirios que ella sufre en el siglo XXI!⁴

Como Sucesor de los Apóstoles en Long Island, y en comunión y misión con nuestro Santo Padre el Papa León XIV, agradezco a cada uno de ustedes la manera en que «prenden fuego en la tierra» (Lc 12,49) mediante su lectura diaria, su meditación, su oración, su contemplación y su vivencia de las inspiradas Sagradas Escrituras.

Tengan la certeza de mis oraciones para que vivan una santa y bendecida Cuaresma.

Sinceramente en Cristo,

A handwritten signature in black ink that reads "John O. Barres". The signature is written in a cursive style with a large initial "J" and "B".

Reverendísimo John O. Barres
Obispo de Rockville Centre

³ See *Antiqua et Nova*, the Dicastery for the Doctrine of the Faith and the Dicastery for Culture and Education's January 14, 2025, *Note on the Relationship Between Artificial Intelligence and Human Intelligence* available at www.vatican.va.

⁴ See Robert Royal, *The Martyrs of the New Millennium: The Global Persecution of Christians in the Twenty-First Century*, (New York: Sophia Institute Press, 2025).

Ash Wednesday

AT ST. AGNES CATHEDRAL

February 18, 2026

Mass Schedule

6:30am | 8:00am | 12:10pm

**Liturgy of the Word with
the Distribution of Ashes**

4:30 pm | 7:30 pm

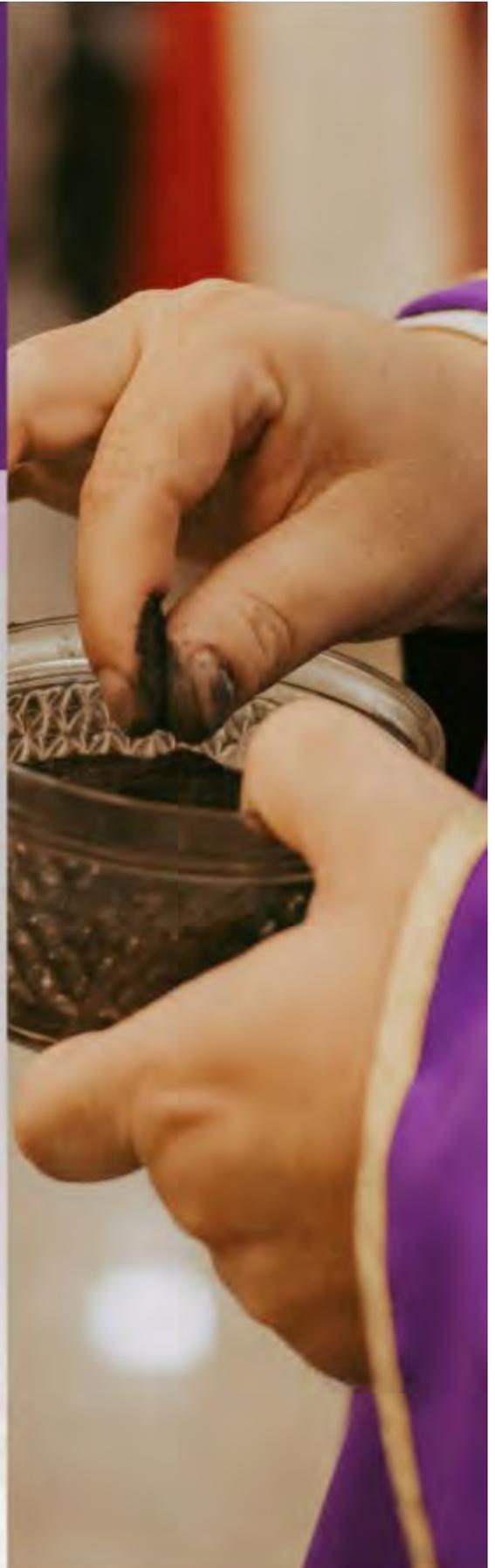
Eucharistic Adoration

1:00pm–6:00pm

*Adoration held in the Adoration
Chapel off of Clinton Avenue

Confessions

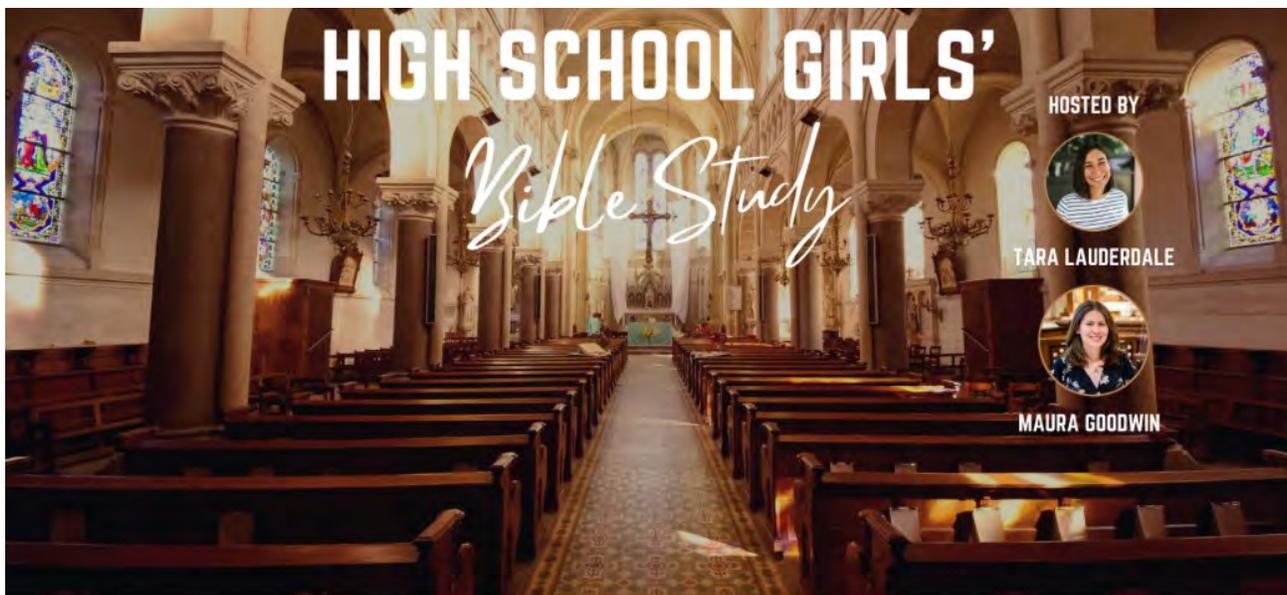
**following the 6:30am,
8:00am and 12:10pm Masses**



LENT

STATIONS OF THE CROSS

Fridays at 7:30PM
in the Cathedral



HIGH SCHOOL GIRLS'

Bible Study

HOSTED BY



TARA LAUDERDALE



MAURA GOODWIN

St. Agnes Parish Center

FEBRUARY 22 2026

6:00-7:00pm | Bring a Bible, journal
& pen

All incoming freshmen through seniors
welcome!



ST. AGNES



Principal's Announcements

Sixth Sunday in Ordinary Time



The New Law

St. Matthew shows us that Jesus understood himself to be an important instrument in God's plan for the future of Israel and the Gentiles as well. In today's Gospel passage, Jesus explains that his intention isn't to abolish all that has preceded him in God's revelation to the Jewish people, particularly the laws given through Moses. Rather, he has "come not to abolish, but to fulfill." Jesus' position on the Law is perfectly in concert with both his divine nature and his human nature. He will fulfill, not abolish, all that has gone before.

He shows us just what he means by giving a list of particular references to murder, adultery, divorce, and false witness. In each case, with one exception, he doesn't abolish what went before. On the contrary, he strengthens the requirement, placing a deeper obligation on the Christian disciple than the Mosaic Law had done on the Jew. We see Jesus not only acting as the new Moses but correcting Moses and speaking on behalf of God's original design. In Matthew, Jesus isn't merely a new Moses but the God who spoke to Moses. It's in this capacity that he fulfills the Law by calling the disciple, not merely to obedience, but also to a deeper, more obedient love.

School is closed this week as we celebrate Presidents' Week.

Wednesday, February 18th is **Ash Wednesday and the beginning of the Holy Season of Lent**. Please plan on bringing your child to Mass at 6:30 A.M., 8 A.M., or 12:10 P.M., or to one of the Ash Wednesday Services at 4:30 P.M. and 7:30 P.M.

Mrs. Cecilia St. John
Principal

BANNES OF MARIAGE



II

Jennifer Medina
Joshua Thompson

St. Agnes Cathedral
St. Agnes Cathedral

THE NEWLY BAPTIZED



On February 7th, 2026 we welcomed the following children into the St. Agnes Cathedral Parish Community:

Gianna Reyes
Joseph Tracy

Congratulations to the parents of the newly baptized.

Special Needs Mass

We will celebrate a Mass for special needs children, and their families on **Saturday, February 21st** at 5:00 p.m. in the Lower Hall of the Monsignor Melton Auditorium. This area is handicapped accessible, allowing families with children, who have developmental disabilities, access to the Lower Hall to celebrate God's presence in their lives.

St. Monica Parents Intercession Prayer Group

The St. Monica Parents Intercession Prayer Group meets on the first and third Thursday of each month at 7:30 p.m. in the Holy Cross Chapel, located in the Parish Ministries building. Our next meeting will be on **February 19th**. For more information call Mary at (516) 375-0738.



Suicide Prevention Resources

Suicide is a major public health problem and a leading cause of death in the United States. The effects of suicide go beyond the person who acts to take his or her life: it can have a lasting effect on family, friends and communities. If you are thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

National Suicide Prevention Lifeline:
988 Suicide Crisis Lifeline - Call. Text. Chat.
<https://988lifeline.org>

The Saint Agnes Mass Transit

The St Agnes Mass Transit offers parishioners who cannot drive to mass on their own, the opportunity to be picked up and brought to church every Sunday for the 9:30 Family Mass. If you were interested or know of someone who would enjoy this service, please call the rectory office at 516-766-0205 and leave your name and phone number. Someone will get back to you to get additional information and make the necessary arrangements to ensure you are able to join us for mass on Sundays.

Weekly Bible Study



Please join us for Bible study beginning on Wednesday's, at 9:45-11:00 a.m. in the Youth Room of the Ministry Building. We will be studying Books of Jeremiah, Lamentations and Daniel. For those unable to join us in person, please join us on Zoom. Zoom ID: 79101167157
Zoom password: XSS6Ky For any questions please contact Ed Lambert 516-766-1505 or email Ed at ed11570@aol.com



formed
Forming Catholics for *Life*.

Trailer | Heart of Prayer

Heart of Prayer invites participants into an intimate and peaceful retreat with Bishop Andrew Cozzens. Set in the beautiful Chateau on the Augustine Institute Campus, Heart of Prayer reveals the beauty and transcendence of a prayer life, as Bishop Cozzens draws from Scripture and the saints to offer guidance that is practical and down-to-earth.

Our parish has a free Formed subscription for you! Simply scan the QR code or visit formed.org/signup to create your account and select our parish to get free access to this content and much more!

**To create a FORMED account:**

1. Visit FORMED.ORG
2. Click SIGN UP
3. Select "I Belong to a Parish or Organization:

4. Find the parish by name (St. Agnes Cathedral) or Zip (11570)
5. Enter your email and you're in (There is no cost to use FORMED.)



**Society of St. Vincent
de Paul
St. Agnes Cathedral
Conference**

We Help People!

We hope you and your families have been able to stay warm during these frigid days and nights. This weather is especially challenging for our elderly and homebound neighbors, and we encourage everyone to check in on those who may need a helping hand or a bit of companionship. If we can be of assistance in any way, please call the Rectory at 516-766-0205, and a member of

our team will respond.

2026 has already been a busy year for our St. Agnes St. Vincent de Paul Conference. Recently, we had the privilege of supporting a family with five children who lost all of their belongings in a house fire. Thanks to the generosity of so many of you, we were able to provide furniture, beds, and other essential items to help them begin again.

As always, thank you for everything you do to make Rockville Centre the caring and compassionate community we are proud to call home.



PARISH OUTREACH

Parish Social Ministry, A Word of Gratitude



As we enter the season of Lent, we offer our heartfelt thanks to our parish community and Parish Social Ministry donors for your generous and untiring support. Your gifts of time and resources make a real difference in the lives of those we serve. Each month, we will offer a special prayer for the intentions of all our donors. Through your generosity, especially in providing fresh, nourishing foods, you help care for the dignity, health and wellbeing of our participants and community in need. Thank you for being a blessing to our community. May God reward your kindness abundantly.

Liz.

Parish Social Ministry/ Outreach assist those living within the St. Agnes Cathedral Parish boundaries who are experiencing difficulties. The Parish Social Ministry Outreach is open Monday to Thursday from 9am to 1pm. Please call us to schedule an appointment 516-678-1854 or email us outreach@stagnescathedral.org

This week's most needed items:

Milk, Parmalat milk, Eggs, yogurt, *cereal*, butter, cookies, Spaghetti Sauce in jars, Spaghetti, pasta, canned Soups, canned vegetables, 18 oz. grape jelly, 16.3 oz. peanut butter, canned chicken breast, tuna, pork & beans, beans, Coffee (10-13 oz), 1 pound rice, napkins, cooking oil, paper towels, In addition: Toiletry items i.e. shampoo, soap, toothpaste, deodorant, and dish detergent.

We will gladly accept donations between the hours of 9:00 a.m. and 3:00 p.m. Monday through Friday except for holidays. ***Please do not leave any donations on the porch outside the Outreach office when the office is closed.***

We are accepting winter clothing only.

Religious Education

**Welcome to Week 20 of the 2025-2026
Religious Education Program**

There are no in-person classes this week. Online learners should now be working on Week 20 of their assignments.

Ash Wednesday is February 18, marking the beginning of the Lenten season. This season is a wonderful opportunity for families to build strong spiritual habits together.

For forty days, the Church invites us to slow down from our busy schedules and focus on what truly matters, our relationship with the Lord.

This Lent, consider adding something new to your family routine to help grow in faith:

- Daily Mass: 6:30 AM, 8:00 AM, 12:10 PM
- Confessions: A beautiful way to receive God's mercy
Monday-Thursday after the 6:30 AM Mass
Friday after the 6:30 AM and 12:10 PM Masses
Saturday and Sunday at 4:00 PM
- Adoration: Quiet time with Jesus in the Blessed Sacrament
Monday, Wednesday, and Friday
Exposition after the 12:10 PM Mass
Benediction at 6:00 PM in the Adoration Chapel
- Stations of the Cross: Each Friday during Lent at 7:30 PM – a meaningful devotion for families
- Lenten Mission: March 2-4 at 7:30 PM, led by Msgr. Charles Fink

Let us use this Lenten season to pray together, serve others, and grow as families in God's love.

Blessings, Anne Nelson



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February 19th – April 16th



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WHAT WILL YOU DO FOR LENT? *Come as you are.*

YOU ARE WELCOME HERE

Forget the chocolate this Lent.

Instead, accompany Jesus and walk alongside Him through His Passion in John's Gospel.

Do you find it hard to feel close to Christ because you just don't know Him very well? Perhaps you already feel close to Him but would like a deeper relationship with Jesus.

"If you want to be restored... We need to stop running." – Lisa Brenninkmeyer

Walking with Purpose invites **NEW** women to participate in a 5 week **LENTEN BIBLE STUDY: Touching the Divine**. Enjoy spending time in the Gospel of John—reading Jesus' actual words and focusing entirely on Him.

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40 DAYS OF LENT

COUNTDOWN ACTIVITIES FOR KIDS



| | | | | | | | |
|---|---|--|--|---|-------------------------------------|---------------------------------|---|
| | | | | | | 1 | SMILE AT SOMEONE WHO LOOKS SAD. |
| | | | | | | 2 | SHARE YOUR FAVORITE BOOK WITH A FRIEND. |
| | | | | | | 3 | HOLD THE DOOR OPEN FOR SOMEONE. |
| | | 8 | 7 | 6 | 5 | 4 | |
| 9 | SAY SOMETHING NICE TO A STRANGER. | OFFER TO HELP WITH A CHORE. | PICK UP LITTER AT A PARK. | CLEAN UP WITHOUT BEING ASKED. | SEND A KIND NOTE TO A FRIEND. | SAY "THANK YOU" TO A PARENT. | |
| 10 | GIVE AWAY AN OLD TOY YOU DON'T NEED. | | | | | | |
| | | 11 | 12 | 13 | 14 | 15 | 16 |
| BAKE COOKIES FOR A NEIGHBOR. | THANK GOD FOR SOMETHING NEW. | GIVE A HUG TO SOMEONE YOU LOVE. | GIVE A COMPLIMENT TO SOMEONE. | SHARE YOUR SNACK WITH A FRIEND. | OFFER TO WATER A NEIGHBOR'S PLANTS. | | |
| | | | | | | 17 | CALL OR VIDEO CHAT WITH A RELATIVE. |
| | | 23 | 22 | 21 | 20 | 19 | 18 |
| 24 | HELP SOMEONE TIE THEIR SHOES. | MAKE A "THINKING OF YOU" CARD FOR SOMEONE. | GIVE A COMPLIMENT TO A TEACHER. | DRAW A PICTURE FOR SOMEONE WHO IS SICK. | HELP A SIBLING MAKE THEIR BED. | PICK UP TRASH AT THE PARK. | SHARE A FAVORITE SONG WITH SOMEONE WHO MIGHT LIKE IT. |
| | | 25 | 26 | 27 | 28 | 29 | 30 |
| GO ON A WALK WITH YOUR FAMILY. | DONATE SOME OF YOUR MONEY TO CHARITY. | OFFER TO PLAY WITH SOMEONE WHO IS ALONE. | WRITE A LETTER TO A FIRST RESPONDER. | FIND SOMETHING YOU CAN RECYCLE. | HELP CLEAN UP A MESS AT SCHOOL. | PLANT A SEED AND WATCH IT GROW. | |
| | | | | | | 31 | HELP PREPARE A MEAL. |
| | | | | | | 33 | GIVE FLOWERS TO SOMEONE. |
| 40 | 39 | 38 | 37 | 36 | 35 | 34 | |
| SAY A PRAYER FOR YOUR FAMILY AND FRIENDS. | HELP ORGANIZE OR CLEAN UP A SHARED SPACE. | TAKE OUT THE TRASH OR RECYCLING. | OFFER TO SWEEP THE FLOOR OR VACUUM A ROOM. | READ A BOOK TO SOMEONE YOU LOVE. | HELP YOUR PARENTS CLEAN THE CAR. | HELP SET THE TABLE FOR DINNER. | |



COMUNIDAD HISPANA

LA CATEDRAL DE SANTA INÉS

MISAS EN ESPAÑOL, Sábado -
a las 7.30pm (Misa del Domingo)
Martes - a las 7.30pm (comenzando con el Rosario
y confesión a las 7.00pm)

En la escuela de Jesús, que vamos siguiendo domingo tras domingo, aprendemos cuál es la mentalidad del Maestro que nos ha enviado Dios, comparada con la del AT y los maestros del tiempo de Jesús. Siguiendo el «sermón de la montaña», vemos cómo Jesús supera la Ley antigua, en una línea de mayor profundización y autenticidad.

Las lecturas de hoy nos manifiestan la grandeza de la sabiduría de Dios que respeta la libertad del hombre respecto a cumplir o no cumplir sus mandatos. El que sigue la ley del Señor es dichoso, y Jesús se encarga de llevar a su plenitud la ley y los profetas.

Seguimos leyendo el sermón de la montaña, relatado por San Mateo. El pasaje de hoy reúne una serie de enseñanzas de Jesús sobre la relación de los cristianos con el Antiguo Testamento. Jesús ha venido a llevar a la ley y los profetas a su plenitud.

LOS SACRAMENTOS

PENITENCIA/CONFESIÓN

Todos los martes a las 7pm de la tarde antes de la Misa a las 7.30 p.m

BAUTISMO

El tercer Sábado de cada mes a las 6:30 p.m. Hay que comunicarse con la oficina de la rectoría para la entrevista. Se puede llenar el formulario por la web de la parroquia. Los padrinos deben ser católicos, bautizados que han hecho su primera comunión y la confirmación. Si son parejas, tienen que haberse casado por la iglesia.

MATRIMONIO

Los que quieren casarse por la iglesia deben contactarnos con 12 meses de anticipación, hay que llamar la rectoría para citar la entrevista con el sacerdote y obtener más informaciones. La pre-cana es obligatoria.

ACTIVIDADES

Tenemos la adoración Eucarística el primer Martes de cada mes en la catedral después de la Misa de las 7.30pm.

Movimiento de Cursillos de Cristiandad tiene su reunión todos los sábados después de la misa en el sótano de la sacristía.

Grupo de Oración (Carismático) tiene su oración del grupo todos los miércoles en el Lower Hall a las 7.00 p.m.

Para inscribir las intenciones de difuntos en la Misa de los Sábados a las 7:30 p.m y Martes 7:30 p.m ir a la oficina de la rectoría. Se abrirá espacio para 5 intenciones en cada Misa.

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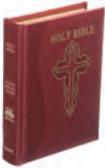
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