

The Cathedral of St. Agnes

Rockville Centre, New York



70
CENTRAL WING

S A I N T
AGNES

CATHEDRAL

SCHOOL



1.28.24



Fourth Sunday in Ordinary Time

SACRAMENTS

Confession

Saturday, Eve of Holy Day, and First Friday from 4:00 to 4:45 pm. Wednesday Morning following the 7:45am Mass and the 12:10pm Mass.

Baptism

Once a month on Saturday at 12:30 p.m. and on the 2nd and 4th Sunday of the month at 1:45 p.m. Contact the Rectory Office to arrange for interview, ceremony and registration for required Baptism Preparation Class (for first time parents). Spanish Baptisms take place before the 7:30 p.m. Spanish Mass on Saturday evening. Please call the Rectory Office for more information.

Marriage

Arrangements should be made at least 12 months in advance and prior to making reception plans. Call the Rectory for an appointment with the priest you wish to witness your wedding. All couples are required to attend Pre-Cana.

Pastoral Care of the Sick

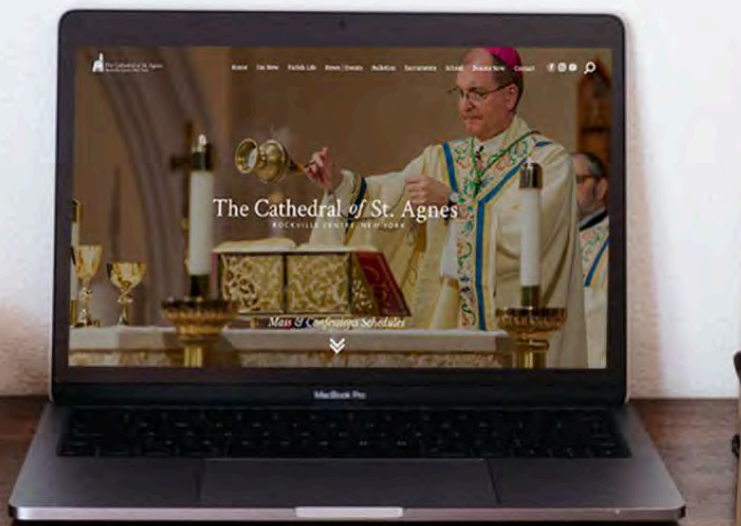
Priests and Extraordinary Ministers of Communion are available to bring Holy Communion to parishioners confined to home. Please call the Rectory Office to make arrangements. Those who are seriously ill should request a priest for Anointing of the Sick.

Visit the Sacraments page at www.stagnescathedral.org for more information.



LIVE STREAM REQUEST

We are now able to stream personal services such as weddings and funerals. For more information, please call the rectory at (516) 766-0205.



STAY CONNECTED



www.stagnescathedral.org



@stagnescathedral



@stagnescathedral



The Cathedral of St. Agnes

Unable to join us for Mass? Tune in on  LIVE

HOLY MASS

SUNDAY

7AM, 8AM, 9:30AM, 10:30AM (Lower Hall, not celebrated in Summer)
11AM, 12:30PM, 5PM

SATURDAY

7:45AM, 5PM, 7:30PM (Lower Hall)
7:30PM (Spanish)

WEEKDAYS (Monday-Friday)

6:30AM, 7:45AM, 9AM, 12:10PM

HOLY DAYS

Eve of Holy Day: 5PM, 7:30PM (Spanish)
Holy Day: 6:30AM, 7:45AM, 9:00AM, 12:10PM, 7:30PM

OUR PARISH

29 Quealy Place, Rockville Centre, NY 11570
(516) 766-0205 | parishoffice@stagnescathedral.org

CLERGY

Bishop

Most Reverend John O. Barres, D.D., S.T.D., J.C.L.

Bishop Emeritus

Most Reverend William F. Murphy, D.D., S.T.D.

Rector

Very Rev. Michael F. Duffy

Associate Pastors

Rev. Alessandro da Luz, S.T.L.

Rev. Jude Mensah

Rev. Roger Velasquez, *Comunidad Hispana*

In Residence

Rev. Matthew Browne, S.T.L.

Rev. Lachlan Cameron, S.T.L.

Weekend Assistants

Rev. Patrick Flanagan, C.M.

Very Rev. James Kuroly

Permanent Deacons

Deacon Andrew Ciccaroni

Deacon Thomas McDaid

STAFF

Religious Education

Anne Nelson, *Administrator*
anelson@stagnescathedral.org (516) 678-2306

Outreach

Sr. Kathleen P. Murphy, O.P.
(516) 678-1854

Music

Michael Bower, *Director*
Maura Goodwin, *Associate Director*
(516) 764-9578

Facilities Manager

Patrick O'Brien

SCHOOL

70 Clinton Avenue, Rockville Centre, NY 11570
Phone: (516) 678-5550 | Fax: 516-678-0437

Cecilia St. John, *Principal*
Mary Brower, *Assistant Principal*

OFFICE HOURS

Rectory

Monday - Friday: 8:30 a.m. - 8:00 p.m.
(closed for lunch 12:30 - 1:30 p.m.)

Saturday: 9:00 a.m. - 6:00 p.m.

Sunday: 9:00 a.m. - 1:30 p.m.

Emergencies anytime

Religious Education*

Tuesday - Thursday: 10 a.m. - 4 p.m.

Outreach*

Monday - Friday 9:00 a.m. - 3:30 p.m.

*Offices located in the Parish Ministry Building
(corner of N. Village Ave and Quealy Pl)

CATHEDRAL HOURS

The Cathedral is open for prayer
daily from 6:00 a.m. to 8:00 p.m.



STEWARDSHIP *A Way of Life*

Stewardship Reflection

Jesus is more powerful than evil, trust in Him and turn to Him always.

Living Stewardship . . . Pillar of Prayer

When life gets you down or you start to feel depressed or despair-turn to our God in prayer. Let Him know everything that is bothering you and invite Him into your life.

Sharing One's Material Resources in the Parish

WEEKLY OFFERINGS

	<u>Budget</u>	<u>1/21/2024</u>	<u>1/22/2023</u>
Weekly Collection	\$35,490	\$40,616	35,316

Supporting Our Parish

In these challenging times, special gratitude is expressed to those who are able to support St. Agnes Cathedral Parish.

WAYS TO GIVE:



Online: *Faith Direct* is a fast, secure, simple way to make your contributions. Visit www.faithdirect.net to register. Our Parish code is **NY239**.



By Mail: Mail to St. Agnes Cathedral, 29 Quealy Place, Rockville Centre, NY 11570



In Person: At Mass during the collection or dropped off at the rectory.

Devotions



Eucharistic Adoration is the traditional Catholic practice of taking the consecrated host, the Blessed Sacrament, and placing it in a sun-shaped vessel called a Monstrance in order for the faithful to look upon Our Lord and pray to Him in peaceful contemplation. You are invited to join us **every Wednesday (unless otherwise noted)** in the Cathedral from 2:00–5:00 p.m. for Adoration and some quiet reflection and prayer.

The Rosary is prayed after the 9:00 a.m. Mass each Monday through Friday in the Cathedral except on Saturdays when it is prayed after the 7:45 a.m. Mass.

Suicide Prevention Resources

Suicide is a major public health problem and a leading cause of death in the United States. The effects of suicide go beyond the person who acts to take his or her life: it can have a lasting effect on family, friends and communities. If you are thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States. National Suicide Prevention Lifeline: 1-800-273-TALK (8255) or Crisis Text Line: Text "Got5" to 741-741. Website: suicidepreventionlifeline.org.

The Office for Protection of Children and Young People

The Diocese of Rockville Centre is committed to assist those who have been victims of abuse by Clergy, Religious, Lay Employees and Volunteers. To report an incident of abuse, regardless of when it occurred, please call the Hotline Number 516-594-9063. Your call will be returned by a licensed mental health counselor. If you suspect someone is in immediate danger, call 911. All calls remain confidential.

MASSES FOR THE WEEK

Monday, January 29, Weekday

2 Sm 15:13-14, 30; 16:5-13; Mk 5:1-20

- 6:30 Most. Rev. John R. McGann
 7:45 Helen & Francis Collins
 9:00 Jamie Ryan White
 12:10 Maureen Sichenzia

Tuesday, January 30, Weekday

2 Sm 18:9-10, 14b, 24-25a, 30-19:3; Mk 5:21-43

- 6:30 Jane Bischoff
 7:45 Lynne Marie Johnston
 9:00 Thomas R. Brull
 12:10 Judith McGowen
 7:30 Spanish Mass Special Intentions

Wednesday, January 31, St. John Bosco, Priest

2 Sm 24:2, 9-17; Mk 6:1-6

- 6:30 Jane Bischoff
 7:45 Kathleen Mannix Hurley
 9:00 Kathleen McCormack
 12:10 Robert W. Barr

Thursday, February 1, Weekday

1 Kgs 2:1-4, 10-12; Mk 6:7-13

- 6:30 Rev. Frank A. Bain & Family
 7:45 Joseph G. Metz, Jr.
 9:00 Thomas Gambino
 12:10 Joseph Zaffuto

Friday, February 2, The Presentation of the Lord

Mal 3:1-4; Heb 2:14-18; Lk 2:22-40

- 6:30 Alba Garavito & Belarmina Pelaez
 7:45 Joseph G. Metz, Jr.
 9:00 Robert Novak
 12:10 Michael Gerard Marten

Saturday, February 3, St. Blaise, Bishop & Martyr;

St. Ansgar, Bishop

1 Kgs 3:4-13; Mk 6:30-34

- 7:45 Darlene P. Spahn (15th Anniversary)
 5:00 Edouard Richardson, Vivian Monaco,
 Marie Nicholson, Jane Bischoff,
 Peter Lucas (Living, Birthday Intention)
 7:30 C Special Intentions
 7:30 LH Kathleen McGeever Biesty

Sunday, February 4, Fifth Sunday in Ordinary Time

Jb 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39

- 7:00 Jane Bischoff
 8:00 The Parishioners of St. Agnes Cathedral
 9:30 Eugene Eccher
 10:30 LH Mary Polino
 11:00 Timothy Collins
 12:30 Elizabeth & Harold Glover, Joan Rich,
 John & Bridget Roarty, Paul Bubelnik,
 Lenore Harriet Dash &
 Kenneth R. Dash, Jr.
 5:00 Andrew Windsor

PLEASE PRAY



For The Faithful Departed

Francis V. Doherty, Patricia Quinn,
 John Hawthorne, Charles Hill,
 Gerard H. Wollweber, Brian Bowden,
 Emma P. Caulfield

For The Sick

Maureen Carl, Baby Fiona Keough, Balestrieri Family,
 Sean Ware, David Sylvester Seal, Ron La Grega,
 John-Paul Yezzo, Barbara Magloire, Caitlin Nally,
 Akosua Cobb, Marie Poggelli, Tania Armstrong,
 Veronica Vargas, Gilbert Otano, Palma Giovanniello,
 Pat Englehart, Joseph Murphy, Barbara Rotunno,
 Tania Smith, Catherine Frake, Joseph Mariani,
 Jeffrey Buxton, James Walter (Child), Thomas Hayes, Jr.,
 Susan Kowalski, Maria McDonald, Stephanie Ramos,
 Lisa Pelrine-Shulman

Sick Names for the bulletin remain for three weeks
 unless the Rectory is notified for an extension. Please
 note that requests should come from the family and the
 person must give permission to be listed.



Rose for Life

In Loving Memory of
 Roy Heffernan

Feast of St. Blaise—February 3rd

Blessing of Throats



Throats will be blessed
 at all Masses on Saturday,
 February 3rd.
 7:45 a.m. & 5:00 p.m.,
 7:30 C, 7:30 LH p.m.



DIocese of ROCKVILLE CENTRE
LONG ISLAND

January 28, 2024
Catholic Schools Week

Dear Brothers and Sisters in Christ,

Each year, the Church throughout the United States takes the opportunity to celebrate the gift of Catholic Education during Catholic Schools Week which begins today and concludes on February 3, 2024. As Bishop of the Diocese of Rockville Centre, I want to express how incredibly proud I am of our Catholic Schools in the ways that they evangelize our young Catholics here on Long Island.

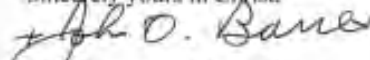
In his Apostolic Exhortation, *The Joy of the Gospel*, Pope Francis says, "Catholic schools, which always strive to join their work of education with the explicit proclamation of the Gospel, are a most valuable resource for the evangelization of culture" (§134). This mission-driven approach to Catholic Education is especially fitting as the Church in the United States participates in a national Eucharistic Revival, because the mission of the national Eucharistic Revival is embedded into the mission of Catholic Education. Assisting students to know and love Jesus through the transformative power of the Mass, and equipping them to evangelize their families and communities, is an extraordinarily beautiful and achievable goal that our Catholic Schools strive to achieve each day.

As schools throughout the Diocese celebrate Catholic Schools Week 2024 with Masses, open houses, and other various activities, we give thanks to the Lord for those who make these events and Catholic Education as a whole possible. To the dedicated and faithful administrators, teachers, and staff members: thank you for working tirelessly every day to advance the Church's evangelizing mission by your love for Christ and by helping his children to know the presence and power of his love in their lives. To the many parents and guardians who generously offer so much time to assist your pastors and principals in advancing the mission of Catholic Education in your parish and regional schools: your love for Christ and his Church is inspiring, and I am so grateful for your Good Samaritan charity, dedication, and perseverance. In addition, I want to express my gratitude to the Morning Star Initiative and the Department of Education staff who collaborate and work together to provide every student in our Catholic Schools with an education that is robustly Catholic, academically excellent, safe and supportive, and sustainable.

St. John Bosco, a patron saint of school children, understood the essential mission of Catholic Education in the world. He once said, "If we want to have a good society, we must concentrate all our forces on the Christian education of the young." Because of the fantastic work being accomplished in our Catholic Schools, I think we can have great hope in the future of society here on Long Island: a future that is filled with young Catholics who are on fire for Jesus Christ and his Church!

Through the intercession of Saint Elizabeth Ann Seton, the patron saint of Catholic Education, Saint John Bosco, and Mary, Star of Evangelization, may the Lord continue to bless the Morning Star Initiative, the Department of Education, our Catholic Schools, and all those involved in Catholic Education on Long Island, especially our students!

Sincerely yours in Christ,


Most Reverend John O. Barres
Bishop of Rockville Centre



DIocese OF ROCKVILLE CENTRE

OFFICE OF CLERGY PERSONNEL

Post Office Box 9023
Rockville Centre, New York 11571-9023

ANNOUNCEMENT

In 2022, James Hansen chose to leave ministry, and subsequently, voluntarily requested a dispensation from the obligations of Holy Orders. This request was granted by the Holy Father, Pope Francis, and became effective January 10, 2024. As such, James Hansen has returned to the lay state and no longer serves as a priest.

Please keep him in your prayers.



Our Students are Thriving!

School Tours & Open Houses Happening During Catholic Schools Week in January 2024!



www.lischools.org
35 schools • Early Childhood • K-8

THE NEWLY BAPTIZED



On January 20, 2024 we welcomed the following children into the St. Agnes Cathedral Parish Community:

- Elina Rose
- Emilia Rose

Congratulations to the parents of the newly baptized.

Candlemas



On February 2, the Feast of the Presentation of Our Lord (Candlemas), candles will be blessed at 9am and 12:10pm. As always, the blessing of candles takes place immediately at the beginning of the Mass. If you wish to have your candles blessed, you must be there when Mass begins. Please bring your own candles and place them on the table set up near the baptismal font, marked with your name.

Parish Outreach

The Outreach Pantry is really low and in need of the following Spaghetti O's, Chef Boy Ardee Ravioli, Mac n Cheese cups, canned chicken breast, tuna fish, 18 oz. grape jelly, cereal, peanut butter, 1lb. thin spaghetti, 1lb bags of rice, and individual fruit cups.



We are accepting ONLY Winter clothing.

You may call the office at 678-1854 with any questions. **Please do not leave any donations on the porch outside the Outreach office when the office is closed.** We will gladly accept donations between the hours of 9:00 a.m. and 3:00 p.m. Monday through Friday except for holidays.

Love,

Sr. Kathleen

Religious Education



Please join your fellow parishioners for Hospitality Sunday after the 8:00 AM, 9:30 AM and 10:30 AM Masses this weekend.

We are entering week 18 of the 2023-2024 religious education program. All in-person students have class this week. Please ensure students attend with their workbooks and pencils, as well as crayons for the younger grades. All online students should be completed up to week 18. Calendars for all grades, in-person or online, can be found on the Parish website. Please note important dates for February:

- ◆ Holy Hour for Confirmation – February 8th, 7:00 – 8:00 PM
- ◆ Ash Wednesday – February 14th, there will be class. Students who attend classes on Wednesday will receive ashes.
- ◆ Confirmation Sponsor forms – due by February 16th, original forms need to be submitted via in-person or the mail.
- ◆ President's Week – No classes

St. Agnes, Pray for Us.

Mrs. Anne Nelson

St. Agnes Religious Education



On Becoming A Catholic

Those seeking information about the Catholic Faith are invited to contact Rev. Michael F. Duffy, Rector of St. Agnes Cathedral 516-766-0205

concerning the Rite of Christian Initiation of Adults (RCIA).

Weekly Bible Study

The Parish Bible Study meets weekly on Wednesday mornings in Ministry Building Youth Room (2nd floor) from 9:45am - 11:00am. For those who are unable to join us in person, we welcome you through ZOOM. **The ZOOM Meeting ID: 79101167157 and Password: XSS6Ky**



All our welcome! Please join us when you can and begin the New Year spending time learning more about God's love and mercy. For questions or updates on chapters we are covering contact: nuluvn@gmail.com



Consolation Ministers Needed

The Consolation Ministry is looking for volunteers to help grieving families with the Funeral Mass arrangements for their dearly departed loved ones. If interested please call the Rectory Office.



Fourth Sunday in Ordinary Time

Principal's Announcements



In Today's Gospel by St. Mark, the miracle of Jesus casting out a demon from a man at a synagogue is told. It signifies Jesus's mission to defeat the powers of darkness and free us from their dominion.

When Jesus casts the demon out of the man, showing his own God-given power, the witnesses react with surprise. They are awed by his teaching, his spiritual authority, and the fact that even the demons are compelled to obey him. If we put ourselves into this story, we might choose to be in the shoes of the witnesses who are awed by the power of Jesus, but it might be more helpful to see ourselves as the man with the demon. He is chained by the demon and coerced against his will to speak against Jesus; he is no longer in control of himself. Our own sins can become like this demon: enslaving and oppressive.

When we lose ourselves in sin, we can be deprived of freedom, trapped in a cycle of bad behavior. But Jesus frees this man— and he can free us too, so that we can be “freed from sin” and become “slaves of righteousness” (Rom 6:18).

OPEN HOUSE TODAY!

Today is the opening day of Catholic Schools Week. It is an exciting time for us as we celebrate St. Agnes Cathedral School, where Educating God's Greatest Gift, Our Children, occurs!

At St. Agnes Cathedral School, we offer an education that combines the Catholic faith and teachings with academic excellence. We partner with parents in the faith formation of their children, we set high standards for student achievement and help them to succeed. These are just a few of a dozen reasons to choose St. Agnes Cathedral School for your child. If you are interested in learning more about a Catholic school education for your child, please come to our Open House today, Sunday, January 28th from 11 A.M. - 1 P.M.

Registration for **NEW** incoming students will take place on Tuesday, January 30th from 9:30-10:30 in the morning and again from 7 to 8 P.M. in the evening. A second opportunity to register will be available on Wednesday, 31st from 9:30-10:30 in the morning. To register, please have the following documents:

Birth Certificate, Baptismal Certificate, if applicable, current report card and standardized tests for students entering grades 1-7. Students entering kindergarten must be 5 years old by December 1, 2024. Kindergarten screening is on February 5th, 6th, and 7th.

Tuition assistance is available through The Tomorrow's Hope Foundation: <https://www.tomorrowshopefoundation.org>

Continued on next page...



Catholic Schools Week Events:

January 28th – February 3rd

Theme: Anchored in Faith: We are All Fishers of Men

Sunday, Jan. 28th: Opening Mass at 9:30 A.M.: We Love our Families

Students attend 9:30 A.M. Mass in School Uniforms

Hospitality: Parish Center: 10:30-11 A.M.

Open House: 11:00 A.M. and 1 P.M.

Monday, January 29th: We Love Our Community

Red, White and DO Day: Grades K-4

\$1.00 fee to assist the Mary Ruchalski Foundation and Catholic Charities.

Tuesday, January 30th: We Love Our Nation

Red, White and DO Day: Grades 5-8

\$1.00 fee to assist the Mary Ruchalski Foundation and Catholic Charities.

Registration for New Students from 9:30-10:30am and 7:00-8:00pm

Wednesday, January 31st: We Love Our Students!

Student Appreciation Day

Dress Down Day: wear school colors or Spiritwear

Mad Science Assemblies

Breyers ice cream treat at lunchtime

Registration for New Students from 9:30-10:30am

Thursday, February 1st: We LOVE our Teachers!

Teacher Appreciation Day

Luncheon sponsored by the Mothers' Club

Grades K-8 Wear a "Readable" Graphic T-shirt and Buddy Read Day

NJHS Induction Ceremony: 7:30 P.M. Parish Center

Friday, February 2nd: Stem Lab Ribbon Cutting Ceremony

Mass with Bishop Barres

Students wear their official school uniforms

Saturday, February 3rd: Dinner Dance

Grand Lannin at Eisenhower Park

Honorees

Dine, dance and celebrate

Peace and Blessings to you and your families on this 4th Sunday in Ordinary Time and the Opening of Catholic Schools Week!

Mrs. Cecilia St. John

Principal



would love for you to join us at the

2024 Dinner Dance

HONORING



Carol and Francis Duchalski
St. Thomas Aquinas Award
for ongoing support of Catholic Education

HONORING



Tanya and José Prince
St. Catherine of Siena Award
for commitment to Catholic Education

RECOGNIZING



Mary Brower
St. Elizabeth Ann Seton Award
for dedicated service to Catholic Education

Saturday, February 3, 2024 at 6:00 P.M.
The Grand Lannin ~ Eisenhower Park

Let the warmth of our community take the chill from the air
as we celebrate these Anchors of Faith.

Cocktail Attire

FOR RESERVATIONS PLEASE CONTACT STAGSRESERVATIONS@GMAIL.COM

SUPERBOWL PANCAKE BREAKFAST



Hosted By

SAINT AGNES



COUNCIL # 2548

**PAYMENT OPTIONS:
SEND CHECK TO
P.O. BOX 594 ROCKVILLE CENTRE, NY 11571
OPEN TO THE PARISH**

OR

**VENMO @K0FC2548
CHILDREN \$5.00 EACH
ADULTS \$10.00 EACH
FAMILY OF 4 OR MORE \$20.00**

The Details



**COME JOIN US IN THE
ST AGNES PARISH CENTER**



When

FEBRUARY 11, 2024

Time

8:00AM-12:30PM



All women are invited to join Walking with Purpose @ St. Agnes

A STUDY OF GOD THE FATHER



✱ walking with purpose

Lenten Bible Study

~ Starting on Thursday, Feb 29th ~

"Living in the Father's Love" by Lisa Breninkmeyer- is a powerfully transforming Bible study that helps us discover just how much God loves us and how the Gospels are deeply relevant to our relationship with God & those we love. This study is ideal if you are:

- + Seeking to revive & refresh your faith during Lent
- + Wondering how to improve your relationship w/ God & others
- + Doubting the depth of God's Love
- + Searching for a deeper purpose in life

The 1st Meeting will be at our February "Connect Coffee"

Feb 29 @ 7:00pm

in the St Agnes Parish Center

After this, small groups will continue 1x/wk for 5 more weeks. (skipping Easter vacation weeks)

Space is limited, so save your spot in one of the small groups @St Agnes:

Wed at 1pm or 7:30pm, Thurs at 7:30pm. -or- Fri at 10am

REGISTER by Feb 15th

Email: StagWWP@Gmail.com. Text: 516-458-3957 or Scan QR link below:



<https://forms.gle/GTz7Y9ELxcoNkPdV9>



Save the Dates!

With Organ & Voice:
Special Music Events
at the Cathedral:
2023-2024 Season

St. Agnes Cathedral

Rockville Centre New York

Michael L. Bower, Director of Music

Maura Goodwin, Associate Director of Music

February/March

6:00 PM Solemn Sung Vespers on Lenten

Sunday Evenings

4th Sunday Evening (Laetare Sunday) with Choir

March 17, 2024

10:45 Investiture Ceremony, 11:00 AM Mass

The Choir of Men and Boys of the
Diocese of Rockville Centre

Michael L. Bower, Director

Wednesday Evening, March 27, 7:30 PM

The Office of Tenebrae

Cathedral Singers

Michael L. Bower, Conductor

Sunday Evening, May 5, 7:30 PM

Cathedral Music Master-Work Series

*Antonio Vivaldi's "Gloria" & J.S. Bach's
"Magnificat in D Major"*

The Cathedral Choirs and Orchestra

Michael L. Bower, Conductor

Sunday, June 2, 7:00 PM

The South Shore Symphony

St. Monica Parents Intercession Prayer Group



The St. Monica Parents Intercession Prayer Group meets on the first and third Thursday of each month at 7:30 p.m. in the Holy Cross Chapel, located in the Parish Ministries building. Our next meeting will be on **February 1st**. For more information call Mary at (516) 375-0738.

BECOME A FRIEND OF Steven McDonald



In Loving Memory of
Detective Steven McDonald
March 1, 1957 - January 10, 2017

PLEASE JOIN US ON THE
FIRST SATURDAY OF THE MONTH,
February 3, 2023, as we continue
Steven's mission to pray for the
sanctification of families honoring Our
Lady of Fatima Devotion

ST. AGNES CATHEDRAL
29 Quealy Place, Rockville Centre, NY
from 7:00am - 8:15am praying the
rosary, 15 min. silent meditation on
the mysteries of the rosary, celebration
of mass at 7:45 and go to confession
within 8 days of First Saturday.

BY PRACTICING FORGIVENESS

After Steven was shot in Central Park, paralyzed, unable to speak, with his pregnant wife, Patti Ann at his side, he realized he wouldn't live to meet his son if he didn't forgive the 14 year old who shot him. Steven became aware forgiveness was the medicine he needed to live. He publicly forgave Shaved Jones on the day his son was baptized. His statement, read by Patti Ann, moved Jones to call the McDonald home and apologize. Steven was reminded daily what this young man's actions took from him and FORGAVE HIM EVERYDAY. Beyond doctor's expectations, Steven lived over 30 years carrying his cross with Jesus, spreading the message "Why Forgive?"

Blessing our enemies after acknowledging what they took from us are the steps needed to free us from the toxicity of bitterness and resentment. Bitterness slowly kills us and blocks the graces God has for us to live an abundant life despite the pain and wounds from the actions of others. When we are reminded of the hurt and wounds caused by others, it is a sign we need to forgive again. STEVEN PRACTICED FORGIVENESS EVERYDAY.

Steven took 3 STEPS TO FORGIVE: He named the person he was willing to forgive, acknowledged what was taken from him and asked God to bless the person.

Please join us at St. Agnes on Saturday February 3, 2023 at a parish of your choice to honor Our Lady of Fatima.



"Most high, glorious God enlighten the darkness of my heart; give me, Lord, a correct faith, a certain hope, a perfect charity, sense and knowledge so that I may carry out Your holy and true commands." Francis of Assisi

Come and see how Secular Franciscans live joyfully in the world and celebrate

God's creation. Our Lady of the Atonement Secular Franciscan Fraternity meets on the second Tuesday of the month, at 6:45 p.m. in Tabor Retreat Center, 60 Anchor Ave, Oceanside. Please contact Jane at 516-425-2768 for more information.



Special Needs Mass

We will celebrate a Mass for special needs children, and their families on **Saturday, February 17th** at 5:00 p.m. in the Lower Hall of the Monsignor Melton Auditorium. This area is handicapped accessible, allowing families with children, who have developmental disabilities, access to the Lower Hall to celebrate God's presence in their lives.

Calling all Seniors....



The St. Agnes Senior Club will be meeting on Wednesday, February 7th at 1:00 p.m. in the Parish Center. The guest speaker will be Adam from The Rehabilitation and Restorative Therapy of Lynbrook and he will be talking about Cardio Drumming. All are welcome and bring a friend.



Focus on Religious Freedom

www.cffor.org

United States Conference of Catholic Bishops Publishes
Report on the State of Religious Liberty in the United States

On Jan. 16, which is National Religious Freedom Day, the bishops released what they titled The First Annual Report on the State of Liberty in the United States. The report came from the Committee on Religious Liberty of the USCCB. Bishop Rhoades of Fort Wayne, IN is the chairman of that committee.

The bishops report points out five areas of particular concern for 2024:

- Attacks on churches, mosques and temples
- Health and Human Services regulations which would likely force doctors to perform transgender surgeries and, perhaps, abortions
- Threats to religious charities serving newcomers
- Repression of religious speech regarding marriage and sexual differences

The report also points out the alarming vandalism and destruction at Catholic sites since the Dobbs decision and that the government has failed to find and bring to justice those committing these crimes. The frequency and severity of these attacks causes concern about the personal safety of Catholics in their churches as well as the personal safety of Jews and Muslims in light of the extreme rhetoric around the Israel-Hamas conflict.

The report highlights the most severe political threat to religious liberty is the Equality Act which was considered by Congress in 2023. The Equality Act threatens religious freedom, freedom of speech, the rights of parents to raise their children according to their beliefs, the personal safety and the equal treatment of women and other issues.

Read more of the USCCB report here as well as information on the Equality Act.

<http://tinyurl.com/5dwccjn9> <http://tinyurl.com/2s4cfs5m> <http://tinyurl.com/5d6vtjw> <http://tinyurl.com/mr25crif>



FORMED® THE CATHOLIC FAITH.
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Saint John Bosco: Mission to Love

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Shake off the Winter Doldrums! Get involved in Music Ministry

There are many opportunities to get involved in
St. Agnes Music Ministry!

Sunday: 10:30 AM Lower Hall: High School, College,
Young Adult Singers are Needed!

Cathedral Choirs!

Adult and Advanced Teen Choir– we always welcome new members!

Previous Choir Singing Experience preferred.

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Teen Boys, Dads, and Adult Men also sing with the Boys Choir.

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Please contact Michael Bower (mbower@stagnescathedral.org)

or Maura Goodwin (mgoodwin@stagnescathedral.org)

for more information on how you can get involved!

Thank you in advance for your interest in
giving of your time and talent, and having fun singing,
and being part of our groups!

Music Office: 764-9578 ext. 203 or ext. 202



COMUNIDAD HISPANA

LA CATEDRAL DE SANTA INÉS

MISAS EN ESPAÑOL, Sábado - a las 7.30pm
(Misa del Domingo)

Martes - a las 7.30pm (comenzando con el Rosario y
confesión a las 7.00pm)

Todavía es reciente nuestra celebración de la Navidad; Aquel a quien contemplábamos como Niño se nos aparece ahora como el Mesías, el Maestro, el Profeta que habla de parte de Dios a la humanidad.

El texto del Deuteronomio contiene la promesa de un profeta para el pueblo de Dios, un portavoz de su palabra. En el evangelio, Jesús se manifiesta como el gran profeta prometido, que predica con autoridad. El salmo nos invita a escuchar y acoger esa Palabra.

Hoy escuchamos la primera actuación de Jesús en público. Con los discípulos a los que acaba de llamar, va a Cafarnaín, que va a ser una ciudad importante en su vida, casi como su punto de referencia.

LOS SACRAMENTOS *PENITENCIA/CONFESIÓN*

Todos los martes a las 7pm de la tarde antes de la Misa a las 7.30 p.m.

BAUTISMO

Un sábado en cada mes y la hora determinada según la disponibilidad de la catedral. Hay que comunicarse con la oficina de la rectoría para la entrevista con el sacerdote, la inscripción y poner el día de la celebración. Se puede llenar el formulario por la web de la parroquia y traer una copia del acta del nacimiento para la entrevista. Los padrinos deben ser católicos, bautizados que han hecho su primera comunión y la confirmación. Si son parejas,

tienen que haberse casados por la iglesia.

MATRIMONIO

Los que quieren casarse por la iglesia deben contactarnos con 12 meses de anticipación, hay que llamar la rectoría para citar la entrevista con el sacerdote y obtener más informaciones. La pre-cana es obligatoria.

CUIDADO PASTORAL DE OS ENFERMOS

Los sacerdotes y los ministros extraordinarios de la Eucaristía están disponibles para visitar y llevar la comunión a los feligreses confinados en sus hogares. Por favor llamen la oficina de la rectoría para informarse si alguien necesita el sacramento de los enfermos.

ACTIVIDADES DE CADA SEMANA

Las clases de Catequesis de Primera Comunión y Confirmación Los Domingos a las 10 a.m.

En el Colegio de St. Agnes 70 Clinton Ave. Rockville Centre. En la entrada/Puerta NEWMAN.

Se les invita a asistir a la Misa de la comunidad hispana todos los Sábados a las 7:30 p.m. como requisito del programa.

Para inscribir las intenciones de difuntos en la Misa de los Sábados a las 7:30 p.m y Martes 7:30 p.m ir a la oficina de la rectoría. Se abrirá espacio para 5 intenciones en cada Misa.

LET US PRAY FOR OUR MILITARY

Lance Corporal Ryan Thomas Albergo, USMC
 Spc. Liam Atwell, U.S. Army
 Capt. Robert L. Betts, U.S. Navy
 CDR Maura C. Garrity-Betts, U.S. Navy
 Lance Corporal Ryan Brower, USMC
 Lt. J.G. Gabby Busching, U.S. Coast Guard
 Lt. J.G. Joseph Busching, U.S. Coast Guard
 1st Lt. Paul D. Cammarota, USMC
 Lt. Scott Kiley Childers, U.S. Navy
 LCDR Richard Childers, M.D. U.S. Navy
 Major Andrew Connolly, U.S. Air Force
 Lt. Greg Crescenzo, U.S. Navy
 Airman Michael Cummo, U.S. Navy
 Maj. Richard Davin, Jr., Air National Guard
 Lt. Christopher DelBello, U.S. Navy
 Chief Petty Officer Robert W. DeMattia, U.S. Navy
 Lance Corporal Trevor Donohue, USMC
 Lt. J.G. Kevin Doyle, U.S. Navy
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 Cpl. James Thomas Maroney, USMC
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 Lt. Col. Gregory John Mueller, USMC (Reserve)
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 1st Class U.S. Navy
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 Spc. Rebecca Elizabeth Toy, U.S. Army

PRAYER FOR OUR TROOPS

Lord, hold our troops in your loving hands.
 Protect them as they protect us.
 Bless them and their families
 for the selfless acts they perform
 for us in our time of need.
 And give us peace.

I ask this in the name of Jesus,
 Our Lord and Savior. Amen

*Kindly call the Rectory Office at 766-0205 if you know
 of anyone that is on this list and has returned home.*

The Saint Agnes Mass Transit

The Saint Agnes Mass Transit is looking for people to bring to Mass on Sundays. If you know anyone that may be interested please call the Rectory Office at 516-766-0205 and leave their name and phone number. Please join us on the Mass Transit on Sundays.

Pray for Vocations



As we all know, the Catholic Church needs more priests, as well as religious brothers and sisters. We encourage you to pray for an increase in vocations to the priesthood and religious life, especially from within our parish and our school.

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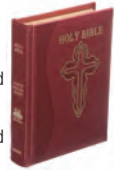
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